

# Evaluation of Molecular Response to Imatinib in Iraqi Chronic Myeloid Leukemia Patients Using Real Time – Reverse Transcriptase-Polymerase Chain Reaction (RT-RT-PCR) – Taqman Assay

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## Abstract

Real-time quantitative (RQ-PCR) assays were developed to monitor the kinetics of residual BCR-ABL transcripts over time and to follow up chronic myeloid leukemia patients (CML) treated with imatinib mesylate (IM) for assessment of response at different IM treatment durations.

This is a prospective study enrolled 135 patients at The National Center of Hematology (NCH) /Al-Mustensseria University from February 2006 to August 2008, in addition to 25 healthy individuals consider as health negative control. Only 42 patients were could be followed up regularly. From them, only 40 venous blood (VB) samples related to 20 CML patients (collected at different intervals from starting IM treatment) were give sufficient extracted RNA that could be use in PCR reaction. Quantitative analysis using Real time-Reverse Transcriptase-PCR (RT-RT-PCR) was done for each patient at two different time points of IM treatment duration.

The results of RT-RT-PCR reaction were recorded as ratio between transcripts of bcr-abl /abl  $\times 100$  at these two time points of analysis. The mean values of ratio at first and second time points of analysis were (0.879) and (0.471), respectively. There was a statically significant difference ( $p=0.05$ ,  $LSD=0.0324$ ). Also, RT-RT-PCR results were recorded as log reduction of bcr-abl transcripts. There is no significant differences in the percentage of patients who achieved complete molecular response (CMR) ( $\geq 4$  log reduction) and major molecular response (MMR) (3 log reduction), but there is a significant differences in the percentage of patients who achieved only Minor-MR (2 log reduction) ( $p=0.05$ ,  $LSD=13.789$ ) and patients who not achieved MR ( $< 2$ log reduction) ( $p=0.05$ ,  $LSD=5.779$ ).

Quantification molecular analysis using RT-RT-PCR is essential tool for assessment of molecular responsiveness to imatinib because it is most specific in discriminating between response subgroups of patients than cytogenetic analysis.

**Keywords:** CML, Imatinib, Bcr/abl, Real time Reverse Transcriptase PCR

## 1. Introduction

Chronic myeloid leukemia (CML) is a stem cell disorder result from chromosomal abnormality, Philadelphia chromosome (Ph), which arises from the reciprocal translocation of part of long arm of chromosome 9, where proto-oncogene ABL gene (Ablson) is located, to long arm of chromosome 22, where BCR gene (Break point Cluster Region) is located forming BCR-ABL fusion gene, a molecular marker of CML (O'Brien et al., 2009). Depending on the breakpoint in bcr, there are three forms of bcr-abl fusion gene. Breakpoints in the Major-bcr region (M-bcr) of the bcr gene result in fusion of the second or third exon of this region (b2, b3) with the second exon of the abl gene (a2) to form the b2a2 or b3a2 transcripts which encodes the p210 hybrid protein. Breakpoints in the minor-bcr region (m-bcr) of the bcr gene result in fusion of the first exon of this gene (e1) with the second exon of the abl gene (a2) to form e1a2 bcr-abl transcript which encodes the p190 hybrid protein. Breakpoints in the micro-bcr region ( $\mu$ - bcr) of the bcr gene juxtapose the exon 19 (e19) of this gene to the second exon of the abl gene (a2) to produce the e19a2 transcript which encodes the p230 protein (Radich et al., 2009; Quintas-Cardama et al., 2009; Jabbour et al., 2009; Quintas-Cardama & Cortes, 2009).

The suppression of BCR-ABL is likely to be crucial for therapeutic success. By late 1980s, synthetic competitive inhibitor of ATP tyrosine kinase binds to ATP -binding site of tyrosine kinase domain in BCR-ABL protein was developed. The development of the BCR-ABL-targeted Imatinib mesylate (IM), that selectively toxic to cells expressing the constitutively active BCR-ABL protein tyrosine kinase and not normal progenitors, represents a paradigm shift in the treatment of CML (Shi et al., 2009).

Imatinib induces hematological, cytogenetic and molecular remission in CML patients in chronic phase. However, there are still estimated residual leukemic cells which carry fusion gene and this can lead to molecular relapse, which precede hematological and cytogenetic relapse by median of six months. Subsequent experiments showed that continued exposure to IM for CML patients is necessary to eradicate the tumor or to maintain the complete molecular response in the absence of resistant mutations (O'Dwyer et al., 2001).

The correct monitoring of treatment of CML, which nowadays comprises assays of IM as well as cytogenetic and molecular evaluation of residual disease and the search for cABL kinase domain mutations, should be performed at regular intervals (Baccarani et al., 2006; Hughes et al., 2006).

Quantitative Real-time PCR (QRT-PCR) has become a robust basis for routine therapeutic decisions (Gabert et al., 2003). However, a considerable number of patients have been reported to show resistance to IM, leading to relapses. Resistance against IM has been attributed mostly to mutation in the ATP- binding site of tyrosine kinase domain of the bcr-abl which lead to conformational changes in BCR-ABL protein resulting in impairment of IM binding (Ayalew et al., 2005; Stephanie et al., 2005; Ramirez & Dipersio, 2008).

The purpose of present study was to apply molecular technique such as reverse transcription – real time –polymerase chain reaction in monitoring minimal residual leukemia cells in IM treated CML patient's blood samples in order to assess the responsiveness to IM.

## 2. Research Methods

### 2.1 Patients

This is a prospective study enrolled 135 patients at The National Center of Hematology (NCH) /Al-Mustensseria University from February 2006 to August 2008. They were diagnosed clinically, hematological and cytogenetically as CML. From those patients, only 42 patients could be regularly followed up for samples collection every (3-6) month and they diagnosed molecularly as CML by monitoring for the presence and the type of bcr-abl fusion gene (a2b2, a3b2 or e1a2) using Multiplex-Single Step-Reverse Transcriptase-Polymerase Chain Reaction (M-SS-RT-PCR). All of those patients were bcr-abl/a2b2 positive. Patients were randomly selected concerning to age, gender, disease duration, disease phase and pre-treatment.

From 90 VB samples, only 40 VB samples related to 20 patients (collected at different intervals from starting IM) were give extracted RNA with a sufficient quality that could be used in PCR reaction. The characteristics of those 20 CML patients were shown in Table 1.

Twenty five healthy individuals were included as healthy negative control. They were evaluated hematological, cytogenetically and molecularly in the same manner as the CML patients.

Commercially available extracted RNA from BCR-ABL cell line K562 (Ambion, USA) was used as a positive controls in molecular experiments.

One ml of VB sample was obtained from each subject, placed in tube containing EDTA (as anti-coagulant) and kept at -80 °C until used.

## 2.2 RNA extraction

Total RNA was extracted from 100µl VB using BD tract RNA /DNA isolation kit (maxim Biotech, USA) following manufacturer information. RNA concentration and purity were estimated according to Sambrook et al. (Sambrook et al., 1989) using UV-spectrophotometer (CECIL, CE 7200). The integrity of RNA was checked by size fractionation using formaldehyde agaros gel electrophoresis (Sambrook et al., 1989).

## 2.3 First strand cDNA syntheses

First strand cDNA was synthesized using the following procedure: The first master mix (MM-1) was prepared by mixing the following components (per one reaction): 1µl from 500µg/ml Random hexamer primer (promega, USA), 1 µl of dNTPs (200µM each) (promega, USA), RNA (final concentration 1µg) and DEPC-H<sub>2</sub>O to final volume 13 µl. The mixture was heated to 65 °C for 5 min and incubated on ice for at least 1 min. The second master mix (MM-2) was prepared by mixing the following components (per one reaction): 4µl from 5X first strand buffer(invitrogen, USA), 1µl from 0.1M DTT (invitrogen, USA), 1µl from 40U/µl Rnase Inhibiter (invitrogen, USA)and 1µl from (200U/reaction) Superscript III reverse transcriptase enzyme (invitrogen, USA).

The second master mix was added to MM-1 and the components were mixed by pipetting gently. Reaction tubes were incubated at 50 °C for 50min then, heated at 70 °C for 15 min. Synthesized cDNA was used directly in PCR reaction or stored at – 20 °C until used.

## 2.4 cDNA quality assay

In order to estimate the integrity of cDNA, it was amplified using primer set specific for housekeeping gene, Glycerol aldehyde phosphate dehydrogenase (GAPDH) (Barbany et al., 2000). Figure 1 shows the results of agaros gel electrophoresis of amplified products of GAPDH gene. Only single bands with molecular size about 600bp were detected. That indicated a sufficient synthesis of cDNA.

## 2.5 Real time –RT-PCR (RT-RT-PCR) using Taqman assay

The BCR-ABL Mbc fusion Quant kit (Ipsogen, France) was used for the accurate quantification of BCR-ABL P210 transcripts following the manufacturer information and using iCycler iQ Multicolor Real-Time Detection System (Bio-Rad, USA). The results were recorded as ratio between transcripts of bcr-abl /abl ×100, and as log reduction at two time points of analysis. Also, the results were recorded as cycle threshold of bcr-abl and abl.

Figure 2 shows log reduction of bcr-abl transcripts at first and second time points of analysis.

## 2.6 Test interpretation

To determine the precise amount of target present in the tested samples, a standard curve was established using standards with a known number of molecules. Results are relative to 100ng of total RNA corresponding to 5µl of the reverse transcriptase reaction.

## 2.7 Statistical analysis

The General Linear Model (GLM) method within the Statistical Analysis System-SAS (2001) program was used to study the factors effect (time) in the some trails. Least significant difference (LSD) test was used to the comparison between means.

# 3. Results

## 3.1 Patient's Demography

The overall mean age of CML patients at diagnosis were 34.71±1.02 years with a range (9-70) years. The highest percentage of CML patients was occurred between (20-29) years. The male to female (16/26) ratio was 1:1.62. No family history with CML was seen.

The mean ages of healthy individuals included in this study as CML negative control were 42.13 years, ranging from (27-75) years . Also, the male to female ratio was 1:1.4.

## 3.2 Determination of bcr-abl ratio using RT-RT-PCR

Quantitative analysis was done for each patient at two different time points of IM treatment duration. The mean of IM treatment duration for those patients at first and second time points of analysis were 23.1 months and 35.95 months, respectively. The mean values of ratio at first and second time points of analysis were 0.879 and 0.471, respectively. There was a statically significant difference (p=0.05, LSD=0.0324).

The results of RT-RT-PCR reaction according to log reduction shows that there is no significant differences in the percentage of patients who achieved complete molecular response (CMR) (≥4 log reduction) and patients who achieved major molecular response (MMR) (3log reduction), but there is a significant differences in the

percentage of patients who achieved only minor molecular response (Minor-MR) (2log reduction) ( $p=0.05$ ,  $LSD=13.789$ ) and patients who not achieved MR(< 2log reduction) ( $p=0.05$ ,  $LSD=5.779$ ).

Also, the results could be studied as Ct of bcr-abl and abl. The mean of Ct value of bcr-abl and abl in tested samples were (35) and (32), respectively. The limit of this manner to express quantitative results is that it is related to the quality of the RNA analyzed. The slop value and the efficiency value of the standard curve through different reactions ranging between (-3.4 to -3.3) and (88 to 100), respectively.

In this assay, K652 cDNA was used as a positive control (and for evaluation between-run and within-run reproducibility). The Ct value of bcr-abl and abl were (22) and (21), respectively, in each time used and that closely consistent with what mentioned in the manufacturer catalog (Ipsogen, France).

Healthy individuals tested as CML negative controls scored completely as negative for this assay.

#### 4. Discussion

With the recent advent of newer therapies, such as the tyrosine kinase inhibitor, IM, molecular monitoring has become indispensable for assessment of patient's therapeutic response and early detection of relapse. For patients who develop acquired resistance to IM, therapeutic strategies have been developed to overcome such resistance. Conventional RT-PCR that generates only positive or negative results does not allow timely assessment of therapeutic response because many patients remain positive for a long period even after they achieve a cytogenetic response. In contrast, quantitative assessment of bcr-abl transcripts using real-time technology has become the method of choice. It has been proven as a clinically useful test because patients with high or increasing levels of bcr-abl over the disease course have a greater probability of relapse than those with steady-state or decreasing levels of BCR-ABL (Kantarjian et al., 2008).

In this study, bcr-abl transcripts level was monitored in 20 CML patients treated with IM for determine molecular response to IM and studying the correlation between bcr-ab transcript level and HR, CyR, IM treatment duration, IM dose and gap in IM treatment.

Two CML patients were achieved CMR (4 log reduction) (bcr-abl not identified repeatedly). They had a good prognosis. They were in chronic phase from diagnosis until the end of the study, treated with IM as a first line treatment, had no gap in treatment, achieved CHR after starting IM by one month and along the study and also achieved MCyR along the follow up period. One patient achieved MMR (3 log reduction) after 8ms in IM treatment and still in this level of molecular response after 25ms (at the end of this study). Also, this patient had a good prognosis. Most patients included in this assay had achieved Minor-MR (2 log reduction). The highest percentage of them were achieved only PHR and PCyR. Also, those patients had gaps in treatment. Patients who did not achieved MR (<2 log reduction) were in AP without any HR or CyR, even IM dose was escalated to 800mg/day for 8ms.

Cortes et al. (2004) reported that patients who achieved a major molecular remission by 12 months after the start of IM had an improved probability of a sustained MCyR. In other study, it showed that not only patients achieving a major molecular remission at 12 months is predictive of a durable cytogenetic remission but also those patients who achieved a major molecular remission already at the time of first achieving CCyR or MCyR have significantly longer cytogenetic remission durations than those without this magnitude of molecular response. Also, such patients had a high probability of progression-free survival (Martinelli et al., 2006).

Similar results were obtained by a prospective randomized trial called 'IRIS', which enrolled 1106 newly diagnosed CML patients (Hochhaus et al., 2002). Smaller-scale studies on patients treated with imatinib showed a strong correlation between the percentage of Ph<sup>+</sup> metaphases and BCR-ABL levels as measured by Q-PCR (Kantarjian et al., 2008).

In all these studies it is too early to understand what level of molecular response can be used as an indication of long term disease control and more research is needed before it can conclude whether 'molecular responses' are of long term prognostic value in terms of cytogenetic response in imatinib-treated patients.

The definition of molecular responses is still evolving. It was considered that a major molecular response as reaching an absolute value of bcr-abl ratio ( $\leq 0.0005$ ), a value that has been found predictive of duration of cytogenetic response. The terms 'PCR negative' and 'complete molecular response' should be used with caution. They imply an absolute lack of measurable leukemia, which may be misleading. Also, there is inherent variability in the sensitivity of QRT-PCR assay between laboratories and between samples (Iacobucci et al., 2007).

In this study, ABL gene was used as a control gene. Suitability of choice control gene was evaluated by

amplifying cDNA from K652 (as positive control) that give an expected value as referred by kit manufacturer catalog. ABL gene is probably the most widely used normalization control for BCR-ABL quantification in Europe and North America. The European Against Cancer (EAC) study has evaluated several commonly used control genes and concluded that ABL is the most suitable one.

Because quantitative of bcr-abl is primarily used in patients who have been treated for CML to estimation their response to therapy, the bone marrow or peripheral blood from those patients typically contains normal hematopoietic cells in addition to residual CML cells. A key criterion for a suitable control gene should be that it is expressed in CML cells at a comparable level to that in non-CML cells, so that the level of the control gene ultimately reflects the amount of total RNA being analyzed irrespective of the CML-to-non-CML cell ratio in the mixture.

In this study, this issue was evaluated by mixing (2.5 µl) of K562 cDNA with (2.5µl) of healthy individual cDNA in one reaction tube and the result of this reaction was compared with that of K562 alone in the same run. No difference was seen in bcr-abl ratios between these two amplified products.

It is currently recommended that IM therapy be continued indefinitely. Anecdotal reports suggest that the discontinuation of IM, even in patients with undetectable levels of BCR-ABL transcripts, results in relapse. Although it is not known why IM is not able to eradicate the malignant clone, potential mechanisms include drug efflux, amplification or mutation of the BCR-ABL gene may be the cause. It is also possible that imatinib cannot completely inhibit BCR-ABL kinase activity; low levels of activity would allow cells to survive in a quiescent state. As an alternative, the malignant clone could persist through mechanisms that are independent of the BCR-ABL kinase (Breccia et al., 2006; Thomas et al., 2008).

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Table 1. CML patients characteristics involved in RT-RT-PCR

Molecular response	Patient No. (%)	CML-phase (Patient No.)	Mean of IM treatment duration(ms)	Gap in treatment	HR (Patient No.)	CyR (Patient No.)
CMR	2(10)	CP(2)	35	No	CHR(2)	MCyR (2)
MMR	1(5)	CP(1)	28	No	CHR(1)	MCyR (1)
Minor-MR	15(75)	CP (10) AP (5)	35.8	Yes	CHR(4) PHR(7) NHR(4)	MCyR(4) PCyR(11)
No-MR	2(10)	AP (2)	37	Yes	NHR(2)	PCyR(2)

-CMR=Complete molecular response, MMR=Majore molecular response, MR= Molecular response, CP=Chronic phase, AP=Accelerated phase, CHR=Complete hematological response, PHR=Partial, hematological response, NHR=No-hematological response, MCyR=Major cytogenetic response, PCyR= Partial cytogenetic response, ms=months.

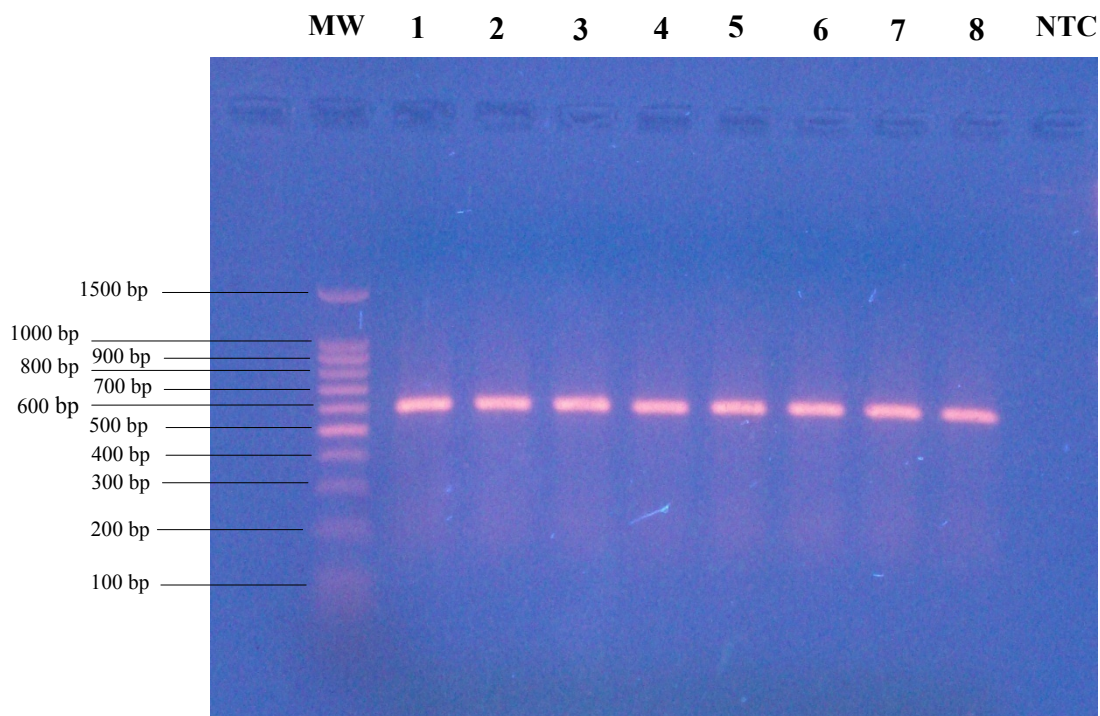


Figure 1. PCR amplified products of GAPDH gene in cDNA samples. Lane (1-8) indicated amplified products of GAPDH gene in cDNA samples related to CML patients. (MW): DNA ladder. (NTC): No template control. Electrophoresis was carried out in 1.2% agaros gel at 5V/cm for 60 min

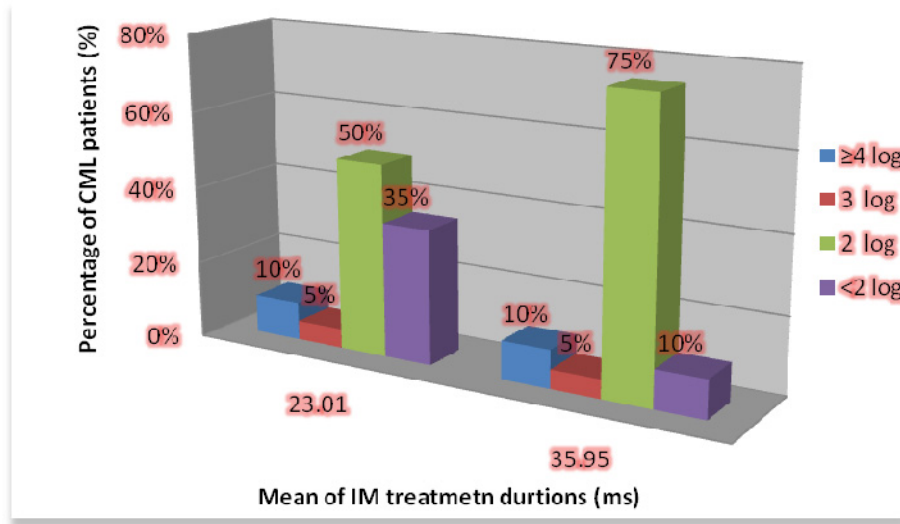


Figure 2. Log reduction of ber-abl transcript at first and second time points of analysis