

Cowpea Crude Protein as Affected by Cropping System, Site and Nitrogen Fertilization

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Abstract

High protein content in cowpea (*Vigna unguiculata* (L.) Walp.) is considered as major advantage for its use in nutritional components. In this way, an experiment was conducted to investigate the effect of cropping system, site, and nitrogen fertilization on cowpea crude protein. The study comprised of three cropping systems (Maize-cowpea rotation, monocropping cowpea and intercropped cowpea), three sites (Potchefstroom, Taung, and Rustenburg, South Africa) and two rates of nitrogen fertilizers applied in kg ha⁻¹ at each site (0 and 20 at Potchefstroom, 0 and 17 at Rustenburg, 0 and 23 at Taung). Moreover, a factorial experiment randomized in complete block design with three replications was conducted during 2011/12 and 2012/13 planting seasons. The protein content was determined from green leaves harvested before flowering, immature green pods and seeds during reproductive stage and maturity. Results showed that cropping system had significant effect on cowpea leaf protein content ($P < 0.05$). Intercropped cowpea significantly gave higher leaf protein (26.7% more) content than rotational cowpea. Cowpea planted at Taung had significantly higher leaf protein (30.1% more) content as compared to cowpea planted at other sites. Application of nitrogen fertilizer contributed to higher protein content of immature pods. Moreover, cowpea protein content differs among the different locations due to different soil types and climatic conditions.

Keywords: cropping system, immature pods, leaf, protein content, seed

1. Introduction

Cowpea (*Vigna unguiculata* (L.) Walp.) plant parts such as leaves, pods and seeds are eaten by people and are rich in protein. Since cowpea is a major source of protein in diet of many people in sub-Saharan Africa, any effort made to increase the level of protein in the seed would improve the quality of the diet of the population (Vadivel & Pugalenthi, 2010). Some people eat both fresh pods and leaves and the dried seeds are popular ingredients in various dishes (El Naim et al., 2012). The seeds can also be cooked with meat, tomatoes and onions into a thick soup, eaten with pancake and bread. The nutritional profile of cowpea grain is similar to that of other pulses with a relatively low fat content and a total protein content that is two to four higher than cereal and tuber crops (Timko & Singh, 2008). Total seed protein content ranges from 23% to 32% of seed weight (Cruz et al., 2014). It is estimated that cowpea supplies about 40% of the daily protein requirements to most of the people in Nigeria (Kamai et al., 2014). Dry mature seeds are also suitable for boiling and canning. In many areas of the world, cowpea foliage is an important source of high quality hay for livestock feed (Timko & Singh, 2008). Singh and Basu (2012) found that the protein in grain legumes like cowpea has been shown to reduce low density lipoproteins that are implicated in heart diseases.

Dugje et al. (2009) reported that some varieties are suitable for harvesting as leaves, young pods and mature seeds, each over a long period for human consumption as well as for feeding livestock. If seeds are desired, leaf harvesting should cease before the pods begin to expand, since removal of too many young leaves at once will impair seed yield (Mwanarusi et al., 2010). Santos and Boiteux (2013) reported that cowpea grain, which is valued for its high nutritive quality and short cooking time, serves as a major source of protein in the daily diets

of the rural and urban poor; its tender leaves are eaten as spinach-like vegetable, while immature pods and seeds are also consumed as vegetable. The immature snapped pods are used in the same way as snap beans, often mixed with other foods. Elias et al. (2006) found that the protein efficiency ratio was higher in the cowpea samples than in beans. Since cowpeas have a higher nutritive value than common beans, and can be grown under many environmental conditions with higher yields, their use in human feeding should be recommended in developing areas of the world having protein in low quantity and quality (Elias et al., 2006). According to Mlynekova and Ceresnakova (2013) crude protein has previously been shown to decline with increasing crop maturities. According to Hasan et al. (2010) there was a progressive increase in the protein content of cowpea forage being influenced by the increasing level of nitrogen fertilizer. It was further indicated that crude protein yield of cowpea forage due to application of N fertilizer might be due to increased availability of nitrogen from the soil for the synthesis of tissue protein of the plants. According to Ali and Mohammad (2012) maize-legume intercrop could considerably increase forage quantity and quality and lessening condition for protein supplement. Hamdollah (2012) reported that, crude protein was affected by the intercropping system. It was found that environmental features such as temperature and soil fertility disturb physiological development of crops and impact forage quality (Shi et al., 2013). According to Ayan et al. (2012) no difference were found in cowpea crude protein among cultivars and years. It was indicated in their study that, location and all the interactions showed significant effect on cowpea crude protein. The influence of management system on cowpea protein content has not been widely investigated. Research has shown that selecting early generations of cowpea crops to increase yield is not an effective strategy (Ogunkanmi et al., 2006). Other methods such as bulk breeding may be more efficient in developing high-yield varieties (Ehlers, 1997). The question that has not been addressed is how intercropping, provenance and nitrogen fertilizer affect cowpea protein. In this study, the interaction effects of site, cropping system, and nitrogen fertilization on cowpea protein content were evaluated. The objective of this study therefore was to determine the effect of site, cropping system and nitrogen fertilization on edible cowpea plant parts protein content.

2. Materials and Methods

2.1 Experimental Sites

The study was conducted at three dryland sites in South Africa, namely the department of Agriculture experimental station in Taung situated at 27°30'S and 24°30'E, Agriculture Research Council-Grain Crops Institute (ARC-GCI) experimental station in Potchefstroom situated at 27°26'S and 27°26'E, and the Agricultural Research Council-Institute for Industrial Crops (ARC-IIC) experimental station in Rustenburg 25°43'S and 27°18'E. Taung experimental site is situated in grassland savannah with annual mean rainfall of 1061 mm that begins in October. The ARC-GCI experimental station (Potchefstroom) has clay percentage of 34 and receives annual mean rainfall of 622.2 mm, with daily temperature range of 9.1 to 25.2 °C during planting (Macvicar *et al.*, 1977). The ARC-IIC experimental station (Rustenburg) has clay percentage of 49.5 and receives an annual mean rainfall of 661 mm. Potchefstroom (ARC-GCI) has plinthic catena soil, eutrophic, red soil widespread (Pule-Meulenberg *et al.*, 2010). The soil at Taung is described as Hutton, deep, fine sandy dominated red freely drained, eutrophic with parent material that originated from Aeolian deposits (Staff, 1999). The soil at Rustenburg (ARC-IIC) has dark, olive grey and clay soil, bristle consistency, medium granular structure (Botha *et al.*, 1968). The soil chemical and physical properties of three sites collected before planting is as indicated in Table 1. The weather data recorded at three sites during the course of the study is indicated on Table 2.

Table 1. The results of soil chemical (mg kg⁻¹) and physical properties of samples collected before planting at three sites

Site	Chemical/physical properties	0-15 cm	15-30 cm
Potchefstroom	pH (KCl)	5.84	5.81
	N-NO ₃	2.25	2.90
	N-NH ₄	1.25	0.65
	P (Bray-1)	41	42
	K	348	318
	% Sand	58	58
	% Silt	12	13
	% Clay	30	29

Taung	pH (KCl)	6.51	6.63
	N-NO ₃	2.50	1.50
	N-NH ₄	0.75	0.75
	P (Bray-1)	7	7
	K	108	118
	% Sand	91	91
	% Silt	1	1
	% Clay	8	8
Rustenburg	pH (KCl)	4.87	5.07
	N-NO ₃	3.25	1.40
	N-NH ₄	0.75	0.50
	P (Bray-1)	4	2
	K	150	88
	% Sand	44	42
	% Silt	7	8
	% Clay	49	50

Table 2. The mean temperature and rainfall data for Potchefstroom, Taung and Rustenburg for the duration of experimental period

Site	Season	Climate data	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Potch	2011/12	Rainfall (mm)	35.58	66.29	75.95	19.05	33.78	66.29	4.32	0
		Max T (°C)	28.64	29.45	28.57	30.42	29.11	28.72	25.00	25.00
		Min T (°C)	11.19	13.78	15.81	16.22	16.30	13.59	8.05	5.17
	2012/13	Rainfall (mm)	21.84	13.46	42.42	45.72	28.7	43.94	47.5	8.14
		Max T (°C)	29.01	30.21	27.99	30.11	31.03	28.43	24.32	22.61
		Min T (°C)	12.43	14.62	15.41	16.81	15.5	14.58	9.12	3.86
Taung	2011/12	Rainfall (mm)	3.05	36.07	71.37	7.87	40.89	12.45	5.08	0.51
		Max T (°C)	31.05	33.28	32.8	36.12	32.87	32.96	28.02	27.65
		Min T (°C)	9.25	10.6	14.79	16.19	17.01	13.75	8.24	4.48
	2012/13	Rainfall (mm)	0.25	8.89	14.99	40.89	32.00	14.2	9.2	8.4
		Max T (°C)	32.5	34.98	32.86	36.29	31.5	31.8	27.3	26.8
		Min T (°C)	10.74	14.27	15.71	17.83	17.7	15	9.4	6.2
Rust	2011/12	Rainfall (mm)	23.37	49.79	47.24	19.3	6.35	27.94	6.6	0.25
		Max T (°C)	28.68	30.18	28.28	30.20	30.95	29.00	25.04	25.13
		Min T (°C)	11.71	14.91	17.00	15.34	17.21	14.37	9.34	6.58
	2012/13	Rainfall (mm)	21.08	25.91	48.01	37.34	20.58	10.92	46.48	0
		Max T (°C)	28.28	29.95	28.13	29.9	31.05	29.05	25.48	23.23
		Min T (°C)	12.82	14.76	16.14	17.38	16.28	14.67	10.17	4.68

Potch = Potchefstroom, Rust = Rustenburg, Max T (°C) = Maximum temperature in degrees Celsius, Min T (°C) = Minimum temperature in degrees Celsius, mm = millimetres.

2.2 Experimental Design

The experiment was established in 2010/11 planting season and data considered for experiment was collected during 2011/12 and 2012/13 planting seasons. The experimental design was factorial experiment laid out in

random complete block design (RCBD) with three replicates. The statistical method was based on the previously published study by Blade et al. (1997). This technique allows accurate randomisation and analysis of variance for a multivariate design.

The experiment consisted of three cropping systems (monocropping, rotational and intercropping), three sites (Potchefstroom, Taung, and Rustenburg) and two levels of nitrogen fertilizer (urea) at each site, *i.e.*, the amount of 0 and 20; 0 and 17; 0 and 23 kg N ha⁻¹ applied on maize plots at Potchefstroom, Rustenburg, and Taung respectively. Maize cultivar (PAN 6479) and cowpea (Bechuana white) were used as test crop.

2.3 Chemical and Statistical Analysis

Cowpea green leaves were harvested from the middle rows before flowering. Cowpea immature pods were also harvested from the middle rows during reproductive stage. Both green leaves and immature pods were oven dried at 65 °C for three days. At maturity, seeds were harvested and oven dried for three days. All cowpea plant parts were sent to ARC-IIC for analysis of nitrogen content. The method used to determine the nitrogen content of cowpea plant parts was Kjeldahl digestion procedure (Kumar et al., 2014). The percent crude protein content was estimated using the relationship:

Crude protein % = N% x 6.25 (Ezeagu et al., 2002).

Analysis of variance was performed using GenStat 15th edition (2012). Least significant difference (LSD) was used to separate means. A probability level of less than 0.05 was considered as significant statistically (Gomez & Gomez, 1984).

3. Results

3.1 Cowpea Leaf Protein

Cropping system had significant effect on leaf protein content ($P = 0.046$), as Figure 1 shows. Thus, the intercropped cowpea had significantly higher leaf protein content (26.7% more) than monocropped and rotational cowpea ($P < 0.05$). Figure 1 also indicates that cowpea leaf protein content was significantly affected by site effect ($P < 0.001$). In this case, cowpea planted at Taung and Potchefstroom had significantly higher leaf protein content (30.1 and 26.0% more, respectively) than cowpea planted at Rustenburg ($P < 0.05$).

Finally, cowpea leaf protein was significantly affected by the interaction of site and nitrogen and the interaction of site x season ($P = 0.024$ and $P < 0.001$, respectively) as indicated on Table 3. According to Table 4 cowpea protein content was also significantly affected by the interaction of cropping system x site x nitrogen ($P = 0.012$).

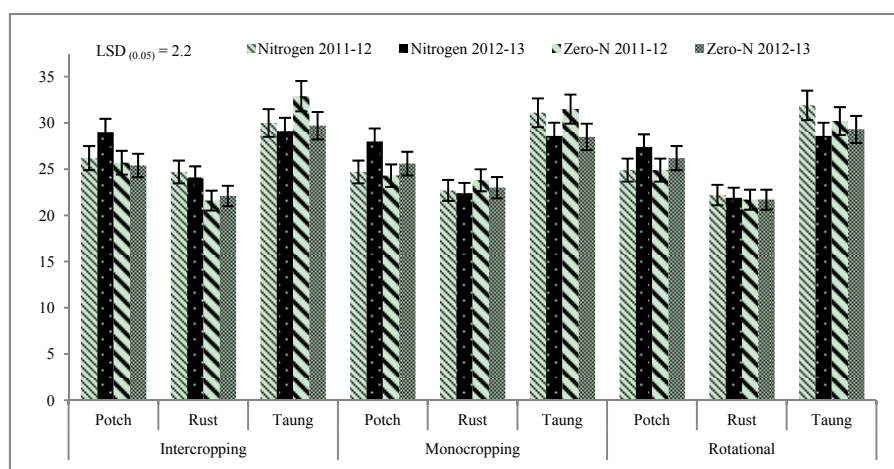


Figure 1. The interaction effects of cropping system, nitrogen fertilization and site on cowpea leaf protein content in percentages

Potch = Potchefstroom, Rust = Rustenburg, Zero-N = Zero nitrogen fertilizer.

Table 3. The interaction effects of site x season on cowpea leaf protein content. Potch = Potchefstroom, Rust = Rustenburg

Site	Season	
	2011/12	2012/13
Potch	25.1	27.0
Rust	25.8	22.5
Taung	31.3	29.0
LSD _(0.05)	0.90	

Potch = Potchefstroom, Rust = Rustenburg, N- fertilization = nitrogen fertilization, Zero-N = zero nitrogen fertilizer.

Table 4. The interaction effects of site x nitrogen x season on cowpea leaf protein content.

Site	N-fertilization		Zero N	
	2011/12	2012/13	2011/12	2012/13
Potch	25.2	28.2	25.0	25.8
Rust	23.2	22.8	22.4	22.3
Taung	31.0	28.8	31.5	29.2
LSD _(0.05)	1.28			

Potch = Potchefstroom, Rust = Rustenburg, N- fertilization = nitrogen fertilization, Zero-N = zero nitrogen fertilizer.

3.2 Cowpea Immature Pod Protein

Cowpea immature pod protein was significantly affected by site effect ($P = 0.033$) as indicated in Figure 2. Cowpea planted at Rustenburg and Taung had significantly higher immature pod protein content (19.5 and 19.3 % more, respectively) than cowpea planted at Potchefstroom ($P < 0.05$). Nitrogen fertilizer application had significant effect on cowpea immature pod protein ($P = 0.024$). Cowpea applied with nitrogen fertilizer had significantly higher immature pod protein content (19.5% more) than cowpea without nitrogen fertilizer application ($P < 0.05$). Cowpea planted during 2012/13 planting season had significantly higher immature pod protein content (20.1% more) than cowpea planted during 2011/12 planting season ($P < 0.05$). Finally, cowpea immature pod protein was significantly affected by the interaction of site x season ($P < 0.001$) as indicated in Table 5.

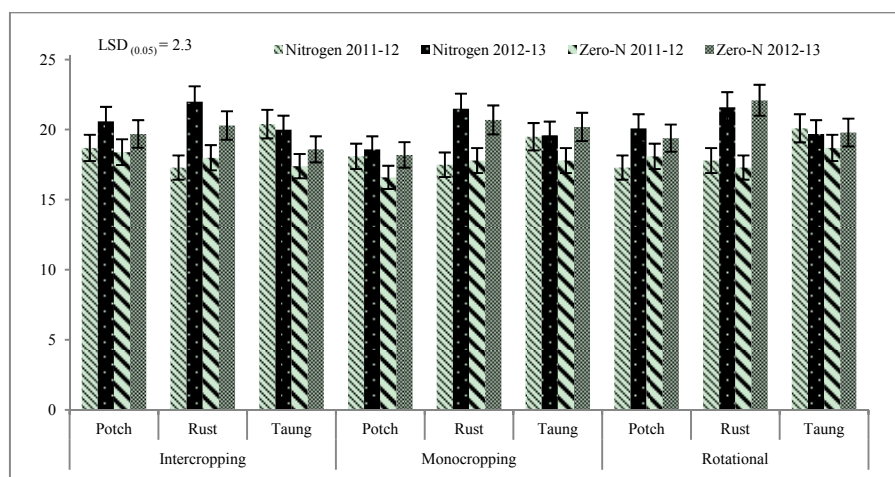


Figure 2. The interaction effects of cropping system, nitrogen fertilization and site on cowpea immature pod protein content in percentages

Potch = Potchefstroom, Rust = Rustenburg, Zero-N = Zero nitrogen fertilizer.

Table 5. The interaction effects of site x season on cowpea immature pods protein content. Potch = Potchefstroom, Rust = Rustenburg.

Site	Season	
	2011/12	2012/13
Potch	17.9	19.4
Rust	17.6	21.4
Taung	19.0	19.7
LSD _(0.05)	0.95	

3.3 Cowpea Seed Protein

As seen in Figure 3, cowpea seed protein content was significantly affected by site effect ($P < 0.001$). Thereby, cowpea planted at Rustenburg and Potchefstroom had significantly higher seed protein content (23.8 and 23.3% more, respectively) than cowpea planted at Taung ($P < 0.05$). Moreover, Figure 3 also shows that cowpea seed protein content was significantly affected by the interaction of site x season and the interaction of site x nitrogen x season ($P < 0.001$ and $P = 0.034$, respectively) (Tables 6 and 7). Last, cowpea seed protein content was also significantly affected by the interaction of cropping system x site x nitrogen x season ($P = 0.033$), as Figure 3 indicates.

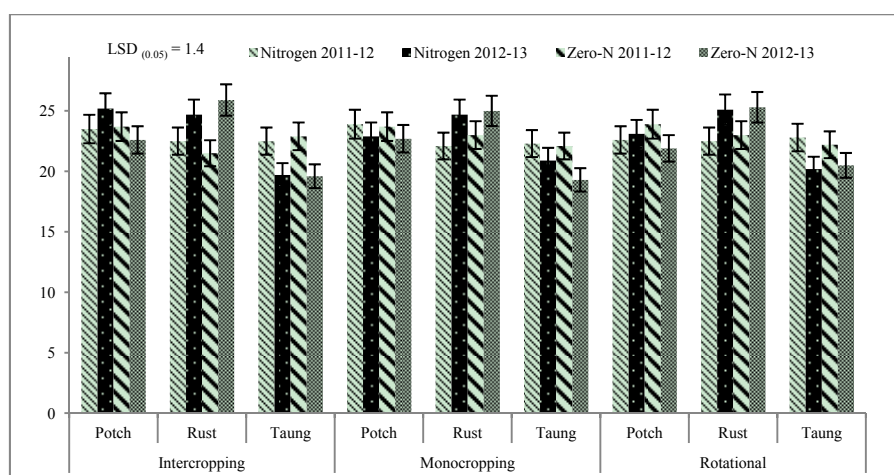


Figure 3. The interaction effects of cropping system, nitrogen fertilization and site on cowpea seed protein content in percentages

Potch = Potchefstroom, Rust = Rustenburg, Zero-N = Zero nitrogen fertilizer.

Table 6. The interaction effects of site x season on cowpea seeds protein content

Site	Season	
	2011/12	2012/13
Potch	23.5	23.0
Rust	22.4	25.1
Taung	22.5	20.0
LSD _(0.05)	0.59	

Potch = Potchefstroom, Rust = Rustenburg.

Table 7. The interaction effects of site x nitrogen x season on cowpea seeds protein content. Potch = Potchefstroom, Rust = Rustenburg, N- fertilization = nitrogen fertilization, Zero-N = zero nitrogen fertilizer.

Site	N-fertilization		Zero N	
	2011/12	2012/13	2011/12	2012/13
Potch	23.3	23.7	23.8	22.4
Rust	22.4	24.9	22.5	25.4
Taung	22.5	20.3	22.4	19.8
LSD _(0.05)	0.83			

3.4 Correlation between Soil N-NO₃ and Cowpea Protein Content

The statistical analysis, *i.e.*, the correlation study between soil N-NO₃ and cowpea protein content, are presented in Figure 4. According to Figure 4.1, the correlation between soil N-NO₃ and leaf protein content was weak ($R^2 = 0.28$) in 2011/12 planting season and become very weak ($R^2 = 0.03$) in 2012/13 planting season. Moreover, the correlation between soil N-NO₃ and immature pod protein (Figure 4.2) during 2011/12 planting season was weak $R^2 = 0.24$ as was the case in 2012/13 ($R^2 = 0.07$). Finally, the correlation between soil N-NO₃ and seed protein as indicated in Figure 4.3, was very weak ($R^2 = 0.04$) in 2011/12 planting season and during 2012/13 season it was also weak ($R^2 = 0.17$)

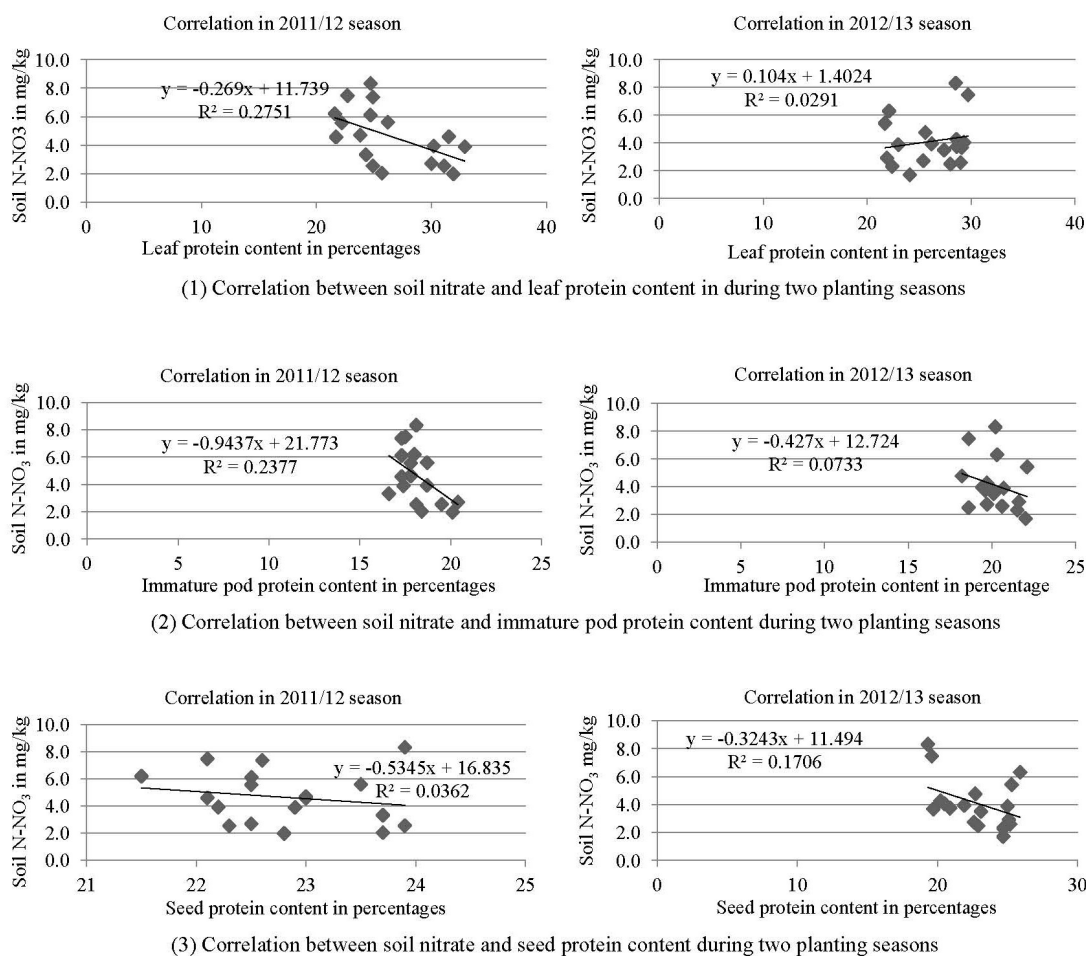


Figure 4. The correlation between Soil nitrate and cowpea protein content in different plant parts during two seasons

4. Discussion

4.1 Cowpea Leaf Protein

The higher leaf protein of cowpea planted on intercropping system may be attributed to the shading by maize plants (Figure 1). According to Vu et al. (2006) UV-B and UV-Bseu radiations of 1.36 and 1.83, respectively, can lead to decrease in soluble protein in leaf extract of legumes when exposed to such amount of radiation. This possibly affected photosynthesis, quality of photosynthates and protein partitioning.

The results confirm the statements by Musa et al. (2011) that intercropping increases the dry matter, ash, protein and fiber content of cowpea. Eskandari (2012) also found that the forage quality of cowpea and mungbean in terms of crude protein content was significantly affected by cropping systems. This implies that intercropping plays positive role in crude protein content of cowpea leaves during vegetative stage of crops due to shading effects by maize.

4.2 Cowpea Immature Pods Protein

The protein content of immature pods in this study was lower as compared to protein content of immature leaves and seeds during harvest maturity (Figure 2). The hypothesis was that, immature pods protein will be higher than seeds during harvest as stated by Mlynekova and Ceresnakova (2013) that crude protein decline with increasing crop maturity. That findings contradicted with the findings of this study, where seed harvested at maturity had more protein content than immature pods harvested during reproductive stage and this contributed to the significant of this study towards cowpea protein improvement.

The contribution of nitrogen fertilizer on cowpea immature pods confirms the statements by Hasan et al. (2010) that, there was a progressive increase in the protein content of cowpea forage being influenced by the increasing level of nitrogen fertilizer. Ayub et al. (2010) found that the crude protein contents of cluster bean were significantly increased with increasing nitrogen rates. The maximum crude protein contents were obtained when nitrogen was applied at 45 kg ha⁻¹. It was further reported that the higher crude protein at higher nitrogen was mainly due to structural role of nitrogen in building up amino acid (Chintala et al., 2012a, 2012b).

Ayan et al. (2012) reported that at one location, average crude protein was different between years. The similar results were also observed in this study, where immature pod protein was higher in 2012/13 than 2011/12 planting season. This may have been attributed to different climatic conditions such as temperature and rainfall across the seasons.

4.3 Cowpea Seed Protein

The difference of seed protein content in different locations may be attributed to different soil types and weather conditions (Figure 3). The study by Lauriault et al. (2011) indicated that protein content of cowpea did not differ among soil types of sites. In the present study, the significant finding is that, cowpea crude protein differs by site due to different in soil fertility and structure. Soil with high amount of nitrogen tends to have more cowpea crude protein content. The high leaf protein at Taung and Potchefstroom was due to soil nitrogen, which was 2.83 and 3.10 respectively at those locations. Lim (2012) reported that cowpea performs best on well drained sandy loam or sandy soil where pH is in the range of 5.5 to 6.5. Also, Ayan et al. (2012) found that location and all the interactions in their study showed significant effect on cowpea crude protein.

The interaction effect of cropping system, site and nitrogen fertilizer on cowpea leaf and seed protein content contributed significantly towards cowpea quality improvement, since during previous studies, such interaction effects on cowpea protein content were not revealed. As examples of previous research studies, Mukhtar et al. (2010) reported that the comparison of cowpea between two seasons, nitrogen content was more in the dry season than in the rainy season; protein content of the leaves was found to be higher in the dry season than in the rainy season. Wilson et al. (2014) reported the interaction of year x nitrogen to be significant on protein content of soybean cultivar; thus, the protein concentration decreased linearly over years. Meanwhile, Ayan et al. (2012) reported that no differences were found in cowpea crude protein among cultivars and years. Musa et al. (2011) reported that, intercropping and nitrogen fertilization significantly increased protein digestibility of seeds compared to untreated plants for two seasons.

4.4 Correlation between Soil N-NO₃ and Cowpea Protein Content

In this study, the correlation between soil N-NO₃ and cowpea protein content was weak in both planting season (Figure 4). This may have been attributed to the fact that, cowpea is able to fix soil nitrogen and application of nitrogen fertilizer and the available of soil nitrogen will not affect N content in cowpea tissues. This indicates that, cowpea is not capable of absorbing soil nitrates as compared to cereal crops, which are good at absorbing

residual nitrate (Gaskell & Smith, 2007). Cowpea in addition to absorbing residual N, also add additional N through fixation of atmospheric N.

5. Conclusions

The study was conducted to determine whether site, cropping system and nitrogen fertilizer application and the interaction of these factors have effect on cowpea protein content. In this study, intercropping played a role on cowpea leaf protein content. Intercropping has ability to increase the crude protein content in cowpea immature leaves. Treating cowpea with nitrogen fertilizer contributed to higher protein content of immature pods. Crop rotation has no role on protein content of cowpea plant parts. The interaction of cropping system x site x nitrogen played a vital role in this study since it affected cowpea leaf protein and seed protein content. This implies that, the protein content of cowpea differs based on different sites due to different soil types and climatic conditions. The leaves and seeds should be treated as the best sources of crude protein for human and animal consumption, due to high percentage of protein in those plant parts. The correlation between soil nitrate and cowpea protein content is weak. Future studies should investigate the possible effect of sequential harvesting on protein content in different seed parts and a correlation between these systems with planting dates.

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