

Effect of Growth Medium and Nutrient Solution on Phytochemical and Nutritional Characteristics of Strawberry (*Fragaria x ananassa*Duch.)

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Abstract

Strawberries are an important fruits because of their high content of essential nutrients and beneficial phytochemicals. This study was conducted to evaluate the effect of soilless culture growing media on biochemical characteristics (TSS, TA, vitamin C, anthocyanin and pH) of strawberry cultivar Gavieta. The experiment was carried out in a factorial base on randomized complete design with three replications Results of this experiment showed that almost the best percentage of biochemical characteristics of fruits was observed in vermicompost + perlite + cocopeat (30:60:10) without chemical fertilizer treatment. Based on the experiment, pruning waste can be useful for producing good strawberry taste and increasing.

Keywords: strawberry, growth medium, phytochemical, pruning waste, anthyoxidant

1. Introduction

The strawberry (*Fragaria x ananassa*Duch.) is an important fruit with considerable natural source of bioactive compounds because of its high levels of vitamin C, folate, and phenolic components (Proteggente et al., 2002; Scalzo, 2005), most of which show antioxidant potential *in vitro* and *in vivo* (Scalzo & Mezzetti, 2005; Scalzo & Politi, 2005; Tulipani et al., 2009; Wang et al., 2000). To a lesser extent, strawberries are a source of healthy, essential fatty acids, because its seed oil is rich in unsaturated fatty acids. The fruit is also rich in manganese, potassium, iodine, magnesium, copper, iron, and phosphorus. Besides these nutritive compounds, strawberries contain a variety of non-nutritive components such as polyphenolic phytochemicals (Francesca et al., 2012). Moreover, strawberries are economically and commercially important and widely consumed fresh or in processed forms, such as jams, juices, and jellies. That is why they are among the most studied berries from the agronomic, genetic, and nutritional points of view.

Fruit's aroma and taste is the result of a special assortment and mixture of different metabolites. While sugars and acids contribute to sweetness and tartness, aroma is derived from combinations of volatile molecules. The different proportions of the volatile components and the presence or absence of trace components often determine aroma properties (Ayala-Zavala et al., 2004).

Because of increased demand for more products with high quality and offseason, greenhouse productions are increasing. The soil acts as a reservoir to retain nutrients and water, and also provides physical support for the root system. Soilless culture is an artificial means of providing plants with support and a reservoir for nutrients and water. Characteristics of media include holding water and nutrient, providing good aeration to root system, light weight, free of pathogens and substances that are toxic to plants (Johnson et al., 2010). Using different organic and inorganic media allows the plants better nutrient uptake, sufficient growth and development to optimize water and oxygen holding (Albaho et al., 2009). Choosing the medium should be based on its physical characteristics as well as availability and cost (Lieten et al., 2004). Strawberries are grown under glass or polyethylene-covered greenhouses, including micro or macro tunnels, using a variety of growing containers and soilless media.

The influence of several pre- and postharvest factors on the phytochemical and nutritional composition of strawberry is already known (Tulipani et al., 2008). The properties of different materials used as growing media

exhibit direct and indirect effects on plant growth and productivity. Some technical and economic factors play significant role when choosing media. First of all gravel or sand, then materials such as peat, vermiculite and perlite have been used commonly (Ercisli, 2005). Coconut coir is also an inexpensive soilless media, it has been characterized in terms of physical properties with good water retention capacity and aeration (Noguera et al., 2003), and has performed better as compared to other media in ornamental crops (Aniel et al., 2007; Abad et al., 2002). Vermicompost consists of available forms of nutrition for plant uptake such as nitrates, exchangeable phosphorus, potassium, calcium and magnesium; known as a medium that is one of the effective factors in plant growth and yield (Cantliffe, 2007), so that Sahin stated that perhaps the most important factor in production of greenhouse crops is the type of medium used (Sahin, 2005). Vermicompost, in contrast to conventional compost is the product of an accelerated biooxidation of organic matter by the use of high densities of earthworm populations without passing a thermophilic stage (Domy et al., 1997; Reinikainen, 1993). Vermicompost is an environmentally acceptable means for convert waste to nutritious compost (Singh et al., 2010). Desirable growth of plant was appeared with vermicompost application (Melgar-Ramirez and Pascual-Alex, 2010). Vermicomposts contain growth-regulating materials, such as plant growth hormones and humic acids. According reports it caused increasing germination, growth and yields of plants (Arancon et al., 2004). Application of vermicompost as horticultural media usually enhanced seedling growth and development and productivity of a wide variety of crops (Edwards et al., 2004). vermicompost as soil amendment and as plant growth media due to having high porosity, good aeration, drainage, water-holding capacity and very high microbial activity (Atiyeh et al., 2000) is one of the medium which can be used as a replacement for peat and composted pruning waste. Advantages of using of compost included reduction of volume of waste and high potential for using as growth medium (Benito et al., 2006). Pathogens or trace metals present in composts can have hazardous effects. Analysis of materials studied demonstrated that composting of pruning waste which its organic components are free of contaminated waste, leads to a high quality organic amendment (Benito et al., 2006). Experiments were done on silage corn as a crop demonstrated that sugarcane compost as a composted planting waste has sufficient to nearly sufficient from most nutrients elements but has limitations in supporting some nutrients elements so its deficiency can be recovered via adding the chemical fertilization (Bruce, 2007).

The objective of this experiment was to assess the function of different growing media with different ratio of perlite, coco peat, vermicompost and golja (golja is an organic fertilizer based on composed waste that is enriched by supporting some nutritional elements) on phytochemical and nutritional indexes of strawberry cultivar *Gavieta*.

2. Method

2.1 Plant Preparation

The study was carried out in March to August, 2013, at an experimental greenhouse of the plant production department, Imam Khomeini higher educational center Karaj, Iran. The experiment was in factorial based randomized complete design with three replications. Experimental treatment consisted of one strawberry cultivar *Gavieta* and six growing media with different ratio of growing media in two groups, with and without Nutrient Solution:

Table 1. Growth medium compound used for different treatments

Growing Media	Nutrient Solution
G1=60% perlite and 40% coco peat	+
G□1=60% perlite and 40% coco peat	–
G2=60% perlite, 10% coco peat and 30% vermicompost	+
G□2=60% perlite, 10% coco peat and 30% vermicompost	–
G3=60% perlite, 10% coco peat and 30% golja (composted sugar cane waste + mineral element)	+
G□3=60% perlite, 10% coco peat and 30% golja (composted sugar cane waste + mineral element)	–
G4= 60% perlite, 10% coco peat, 15% vermicompost and 15 % golja	+
G□4=60% perlite, 10% coco peat, 15% vermicompost and 15 % golja	–

G5=60% perlite, 10% coco peat, 10% vermicompost and 20% golja	+
G□5=60% perlite, 10% coco peat, 10% vermicompost and 20% golja	-
G6=60% perlite, 10% coco peat, 20% vermicompost and 10% golja	+
G□6=60% perlite, 10% coco peat, 20% vermicompost and 10% golja	-

Day/night temperature was kept at 22/17 °C respectively. Growth media were prepared based on volume (the volume of a pot was 2000 cm³). Three plants were planted in each pot. Nutrient solution formula for the group containing chemical treatment was prepared according to Kerej et al. (1999) instruction. The pH and EC of nutrient solution were adjusted to 5.7 and 0.9 to 1.4 dS m⁻¹, respectively. Measured fruit properties were total soluble solids (TSS), total acidity (TA), vitamin C, anthocyanin and pH.

Nutrient solution formula for the group containing chemical treatment was used as stock; that is: 1800 g KH₂PO₄, 1000 g KNO₃, 3200 g Ca (NO₃)₂·4H₂O, 800 g MgSO₄·7H₂O and 400g K₂SO₄ were dissolved in 5000 liters of water. Elements' amount was the same in different solutions which contained 50 g H₃BO₃, 70 g MnSO₄, 60 g ZnSO₄, 10 g CuSO₄ and 2 g H₂Moo₄. These were dissolved in 5000 liters of water. To provide iron, 180 Fe-EDTA (iron clot) was solved in 5000 liters of water (Arzani, 2007).

2.2 Determination of Total Anthocyanin Content (ACY)

The ACY of the extracts was determined using a changed pH differential method previously described (Giusti and Wrolstad (2001), Absorbance readings were converted to quantifications through a calibration curve, obtained from known concentrations of pelargonidin-3-glucoside (Pg-3-gluc) standards. Results are expressed as milligrams of Pg-3-gluc equivalents per gram of FW of strawberry. Data are reported as a mean value (SD for six measurements (Tulipani et al., 2008).

Total soluble solids (TSS), total titratable acidity (TA), and pH determinations:

Twenty fruits from each replicate were wrapped in cheesecloth and squeezed with a hand press, and the juice was analyzed for TSSs, pH, and TA. TSSs were determined at 20°C on an Atago DBX-55 refractometer. pH was measured with a pH meter. TA was determined by diluting each 5ml aliquot of strawberry juice in 95 ml of distilled water and then titrating to pH 8.2 using 0.1 mol L⁻¹ NaOH (MacNaedhe, 1999; AOAC., 2000).

2.3 Determination of Vitamin C

HPLC determination of vitamin C content ascorbic acid was measured as described by Helsper (Helsper, 2003) briefly. Vitamin C was extracted by sonication of 0.5 g of wet frozen powder in 2 ml. of ice coldwater with 5% metaphosphoric acid and 1 mM DTPA, followed by centrifugation at 2500 rpm for 10 min, filtering, and immediate analysis on an HPLC system. Quantification was made through a standard calibration curve prepared by running standard concentrations of vitamin C prepared similarly and measured in duplicate at the beginning and end of the analysis. As for folate determination, the intracultivar biological variability was assessed by separate samplings of strawberries for two of the genotypes. Results are expressed as milligrams of vitamin C per gram of FW (SD for biological variability) (Tulipani et al., 2008).

3. Result

Considering the study results showed growing medium with different rate of vermicompost and golja effect significantly on soluble solids and anthocyanin ($p < 0.01$) and on vitamin C ($p < 0.05$), however did not observed significant effect on total acidity and medium pH. Adding chemical treatment to the medium exposed significant effects on all regarded parameters of fruit ($p < 0.01$) except on vitamin that did not observed significant effect (Table 2).

Interaction percentages of different substrates and chemical treatment showed significant effect on TSS, anthocyanin and pH ($p < 0.01$) (Table 1).

Using different media and chemical treatment together increased the strawberries total soluble solids, total acidity and pH, but decreased their vitamin C and anthocyanin content. Growth media were used did not show influence on vitamin C but changed the others certain characters (Table 3)

Table 2. Analysis of variance for strawberry (cv. Gavieta) phytochemical characters under different treatments

Treatment	df	Phytochemical Characters				pH
		TSS (Brix)	TA (mg/100gF.W.)	Vitamin C (mg/gF.W.)	Anthocyanin (mg/100gF.W.)	
Nutrient Solution	5	12.117**	0.0064**	0.031ns	9638145.9**	0.071**
Growth medium	1	10.028**	0.0001ns	0.201*	25831806.3**	0.007ns
Nutrient _S * Growth _M	5	22.561**	0.0019ns	0.041ns	10976179.1**	0.096**
Error	24	2.388	0.0008	0.053	472120.639	0.003
CV		13.4	11.3	23.2	9.1	1.5

*= $P < 0.05$, **= $P < 0.01$, ns = not significant.

Table 3. Effect of growth medium and nutrient solution interaction on strawberry (cv.Gavieta) phytochemical characters

Growth medium	Phytochemical Characters					
	TSS (Brix)	TA (mg/100gF.W.)	Vitamin C (mg/gF.W.)	Anthocyanin (mg/100gF.W.)	pH	
P60+C40	Chemo.0	9.67b	0.18e	1.07ab	6203.1a	3.89a
	Chemo.1	10.67b	0.21de	0.97ab	422.0e	3.92b
P60+C10+V30	Chemo.0	15.33a	0.25bc	1.30a	4549.0b	3.91b
	Chemo.1	10.67b	0.27ab	0.93ab	440.3e	3.56f
P60+C10+G30	Chemo.0	10.00b	0.25bc	0.97ab	2756.3cd	3.53f
	Chemo.1	10.67b	0.23cd	0.97ab	1515.7de	3.74d
P60+C10+V15+G15	Chemo.0	10.67b	0.26ab	1.07ab	2550.0cd	3.78cd
	Chemo.1	16.01a	0.22de	1.00ab	2067.3cd	4.08a
P60+C10+V10+G20	Chemo.0	8.65b	0.23cd	1.00ab	5375.7ab	3.79cd
	Chemo.1	14.02a	0.29ab	1.00ab	5513.7ab	3.63ef
P60+C10+V20+G10	Chemo.0	11.12b	0.31a	1.07ab	1653.7de	3.87bc
	Chemo.1	9.66b	0.28ab	0.73b	2963.7c	3.70de

Among the fruits that were produced in different growth media, fruits produced in a medium with equal percentage of vermicompost (15%) and golja (15%) plus 10% cocopeat and 60% perlite, had highest content of TSS, and pH. However in medium with lower percent of vermicompost (10%) and golja (20%) plus perlite (60%) and cocopeat (10%) had the highest level of anthocyanin against with 20% vermicompost and 10% golja plus 10% cocopeat and 60% perlite that had the highest acidity were detectable. Therefore vermicompost plus an organic amendments, such as traditional thermophilic composts, showed positive effect on fruit characters that influence fruits taste, aroma and quality and also their nutritional value. However vermicompost (30%) lonely had similar effect on the characters but its effect is a little lower. Therefore the effect of different organic media on the fruit phytochemistry was not equal. A medium with sufficient percentages of components supply best conditions for producing fruits with higher that index. In this study strawberries growth in the medium with 30% vermicompost, 10% cocopeat and 60% perlite can provide the best conditions and adding golja to the medium did not show any effect. The strawberries growth in a medium that used golja 30% instead of vermicompost, the characters appeared in lower level (Tables 3 and 4).

Table 4. Effect of nutrient solution on strawberry (cv.Gavieta) phytochemical characters

Nutrient Solution	Phytochemical Characters				
	TSS(Brix)	TA(mg/100gF.W.)	Vitamin C (mg/gF.W.)	Anthocyanin (mg/100gF.W.)	pH
Chemo.0	11.89b	0.25a	1.08a	3847.9	3.79a
Chemo.1	11.94a	0.25a	0.93b	2153.8b	3.77a

Table 5. Effect of growth medium on strawberry (cv.Gavieta) phytochemical characters

Growth medium	Phytochemical Characters				
	TSS(Brix)	TA (mg/100gF.W.)	Vitamin C (mg/gF.W.)	Anthocyanin (mg/100gF.W.)	pH
P60+C40	10.17c	0.20c	1.02a	3312.5b	3.89a
P60+C10+V30	13.00ab	0.26b	1.12a	2494.7bc	3.74b
P60+C10+G30	10.33c	0.24b	0.97a	2136.0c	3.64c
P60+C10+V15+G15	13.33a	0.24b	1.03a	2308.7c	3.92a
P60+C10+V10+G20	11.33bc	0.26b	1.01a	5444.7a	3.71b
P60+C10+V20+G10	10.33c	0.30a	0.90a	2308.7c	3.78b

4. Discussion

High sugar and relatively high acid content are required for good strawberry flavor (Kader, 1990). Although not all strawberries with high TSSs are high quality, unlikely the absence of high TSSs makes good quality. Galletta et al., (1995) reported that TSSs in strawberries generally ranged between 7-12% depending on genotype. Fructose and glucose were found to be the two major sugars in strawberry fruit comprising more than 65% of the TSS (Wang and Camp, 2000).

Based on previous study it was indicated that vermicompost contains most nutrients in plant-available forms such as nitrates, phosphates, exchangeable calcium and soluble potassium (Aniel et al., 2007; Abad et al., 2002; Cantliffe et al., 2007a; Singh et al., 2010). Substitution of small amounts of vermicomposts into soilless bedding-plant potting mixtures, has resulted in significant increases in the germination and growth of marigolds, tomatoes and peppers, in greenhouse trials, when all necessary nutrients are available, even at substitution rates as low as 5-30%, into the medium (Atiyeh et al., 2000a, 2000b, 2002a; Melgar-Ramirez & Pascual-Alwx, 2010).

Tulipani et al. (2008) reported that strawberries grown in greenhouses with a variety of soilless growing media revealed the impact of the phytochemical and nutritional composition. Melgar-Ramirez and Pascual-Alex (2010) also reported that the EC, pH, bulk density and water soluble elements related to media increased with increasing amounts of vermicompost in the media, whereas significantly decreased the total porosity, availability of water and total water holding capacity. The growth of tomato seedlings in 10% vermicompost (from pig waste) substrate significantly increases compared with those of plants grown in 100% Metro-Mix 360, 100% peat/perlite mixture or 100% coir/perlite mixture (Atiyeh et al., 2000b). Zaller (2007) used percentage of vermicompost in substrate as substitute for peat, and the results of his experiment showed that biomass allocation (root: shoot ratio), morphological and chemical fruit parameters were significantly affected by seedling substrate. However, it has not affected on yield and marketability of tomato. Zaller (2007) suggested vermicompost as an environmentally friendly potting media.

The result of present study provided enough reason for positive impact of vermicompost on improving the fruit index than the other nutritional characteristics. However when growing medium contains sufficient percentage of it; you must add the other nutrients for preparing best soilless growing medium and getting fruits with acceptable indexes.

Adding chemical fertilizer to the different growth mediums showed negative result. When we used 30% vermicompost plus chemical fertilizer, fruit characters were influenced negatively, but when chemical fertilizer was added to medium with 15% or 10% vermicompost, the treatment showed positive effect on certain characters of strawberry, whereas when vermicompost content in growth medium have been increased (20%) adding chemical fertilizer exposed negative effect on the characters (Table 3). So if growth organic medium was used to

provide optimum nutritional factor, chemical treatments effect will be negative. As was explained before, growing medium with sufficient ratio of vermicompost did not need to be improved by adding an organic or inorganic fertilizer. It can supply enough nutritional material for plant growing with the highest quality (flavor aroma, taste and appearance).

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