



## Healthy Culture of Aquatic Animals and Development of Green Fishery Medicine

Guangjun Wang & Xidong Mou

Pearl River Fishery Research Institute, Chinese Academic of Fishery Science

Guangzhou 510380, China

Tel: 86-20-8161-6311 E-mail: [gjwang@prfri.ac.cn](mailto:gjwang@prfri.ac.cn)

Guangping Yin & Qingshen Liu

South China Agricultural University

Guangzhou 510642, China

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### Abstract

Since reforming and opening to the outside world, Chinese aquaculture has developed very quickly. The total output of aquaculture has been ranking first in the world over ten years, but it still has many problems. In this article, many problems are listed about Chinese aquaculture, which has seriously influenced the quality of aquatic products and destroyed the whole aquaculture ecological environment, so it is imperative under the situation to implement healthy culture. At the same time, the actuality of Chinese healthy culture is analyzed, and healthy culture has been developed in freshwater and sea water. Healthy culture comes down to many aspects, and it is a very important part to reasonably use fishery medicines. The using of fishery medicines should start from many aspects including medicine materials, cause of disease, environment, aquatic animals, and human health, and only to use medicines intentionally and effectively can achieve the effect of preventing and treating diseases. The green fishery medicine is one most effective development direction at present to use medicines reasonably. Green fishery medicines include fishery vaccine, Chinese herbal medicine preparation, animalcule preparation, and biologic fishery medicines.

**Keywords:** Aquatic animals, Healthy culture, Green fishery medicine

### 1. Necessity to implement healthy culture

The total output of Chinese aquaculture has been ranking first in the world over ten years. The total output of 2000 had exceeded 40 million tons, and this number had achieved 48.9 million tons in 2008. But most Chinese aquaculture modes still are traditional aquaculture modes. With the further development of the aquaculture, the disadvantages of this mode have been represented increasingly, and it can not accord with the development requirement of aquaculture in China any more. Though the traditional aquaculture mode can increase the total output of aquaculture by increasing the aquaculture area, but the aquaculture benefit has descended obviously and the quality of aquatic products decreases significantly. The discharge of aquaculture nutriment and the use of chemical medicines will pollute water and deteriorate the environment. The diseases of main aquaculture breeds are serious and prevail explosively. In the seawater aquaculture, the artificial damage to the mudflats and aquaculture sea area have induced large-area red tides, serious deterioration of seacoast ecological environment, and decreasing aquatic biologic diversity (Shang, 2001, P.43).

As the existences of above disadvantages, though the total output of Chinese aquaculture has been ranking first in the world over ten years, the quality is not satisfactory, and the exports are often refused because of the over-standard animalcule and forbidden antibiotics (Zhao, 2002, P.66-70). The selective examination result of domestic market showed that the qualified rates of the products including shrimp, scallops frozen, and fish could not achieve 50%, and

the phenomenon of adding excessive additives artificially still exists universally. People still can memorize that the hepatitis A induced by unclean blood clam prevailed in Shanghai in the late of 1980s. In 2000, European Union passed the decision to allow China export aquatic products to European Union, but there were only 159 eligible enterprises in 5000 enterprises which can manufacture aquatic products. The safety of aquatic products has been the most serious problem facing by the aquaculture at present, and in this way, China only can be the “big country of aquaculture”, but not the “strong country of aquaculture”.

Therefore, people gradually realize the importance of problem, and begin to explore new aquaculture mode, and study new aquaculture technology and method to reduce the pressure of the aquaculture environment and maintain the sustainable development of the aquaculture industry. So the concept of “healthy culture” is proposed and implemented (Cai, 2001, P.54-55 & Zhao, 2002, P.63 & Yao, 2002, P.10-13 & Wang, 2002, P.5 & 36 & Han, 2002, P.25-27 & Zhu, 2003, P.34-35 & Dong, 2003, P.24-26).

“Healthy culture” is a new culture concept which was proposed in recent years, and comparing with traditional aquaculture technology and management, it contains more extensive contents, and it not only requires healthy aquaculture culture products to ensure the safety of human foods, but the aquaculture ecological environment should accord with the ecological requirements of aquaculture breeds, and the aquaculture breeds should keep relatively stable breed characteristics. The introduction of this concept is mainly because that the random of Chinese aquaculture technology and management has induced spreading diseases, degenerated breeds, decreasing product quality, and even influenced the healthy safety of foods.

## **2. Actuality of Chinese healthy culture**

Fortunately, healthy culture in China has been carrying out (Zhang, 2000, P.19-20 & Bai, 2002, P.3-5). The Freshwater Fisheries Research Center of Chinese Academy of Fisheries Science has studied the pond dynamics and animalcule biology for a long time, and many aspects such as the beneficial organisms including photosynthetic bacteria and the interior water quality control and disease prevention in the aquaculture system have been developed quite well. The Freshwater Fisheries Research Center of Chinese Academy of Fisheries Science and Nanjing Institute of Geography and Limnology extensively studied the influences of different aquaculture modes to the water environment, and the sustainable development technology and relative mode. Professor Li Sifa of the Key Lab of Chinese Ministry of Agriculture and Shanghai Fisheries University has engaged in the fish seed inheritance improvement, healthy parent strain, and seed selection all along, and has acquired abundant results, for example, the immaterial asset of “Pujiang No. 1” selected by him has achieved 1 billion Yuan. The fishery vaccine study in the Pearl River Fisheries Research Institute of Chinese Academy of Fisheries Science from early indigenous vaccine of grass carp to present subunit vaccine and DNA vaccine all show that the good effect of vaccine in the disease prevention of aquatic animals.

In marine-culture of China, the healthy aquaculture management has been advocated and some corresponding technologies have been developed, especially the disease prevention system has been established, the diagnosis technology has been developed, the using and the development of aquatic medicines are going to standardization, the aquaculture breeding has been emphasized universally, the research of aquaculture capacity and the development of ecological aquaculture all have obtained some initial results (Chen, 2003, P.62-64).

## **3. Fishery medicines should be reasonably used in healthy culture**

In the practice, the healthy culture includes five aspects such as seed, culture, water quality, feed, and medicine. And the use of aquatic medicines is a very important part, as the healthy culture requires scientific and reasonable using of medicine in the aquaculture (Wang, 2003, P.1-3). Its intention is to enhance the disease prevention effect of aquaculture animals and the quality of aquatic products. Reasonable use of medicines should start from medicine, disease cause, environment, aquatic animals, and human health to intentionally and effectively use medicines and achieve the effects of preventing and treating diseases (Lin, 2002, P.63-64). Medicines have both positive function and negative function. On the one hand, medicines can prevent and treat diseases or improve the environment and strengthen the constitution of aquatic animals. And on the other hand, if medicines are used more frequently, not only the disease causes will produce drug tolerance to invalidate medicine prevention, but also the aquatic animals will be harmed or stimulated to destroy the microbial environment of aquatic animals.

The reasonable use of medicines should emphasize “giving priority to prevention, and combining prevention and treatment”. In the season that diseases prevailing, the medicines which can restrain and kill causes of diseases should be offered periodically according to the prevalence rule of diseases, or the medicines which can enhance the metabolism mechanism of aquatic animals should be used to prevent the occurrence of diseases. The usual method is to mix medicines into feeds, for example, adding some bacteriophages or Chinese herbal medicines (such as isatis root, rhubarb, garlic, and coptis root), and some vitamins and mineral compositions. At present, in the aquaculture, the phenomenon of “emphasizing treatment and ignoring prevention” still exists, and once the diseases come on, medicines are always abused, so the drug tolerance of disease causes will be formed.

The reasonable use of medicines should also develop and use special aquatic medicines, such as fishery vaccine, animalcule preparation, biologic fishery medicines, and natural Chinese herbal medicines. Most fishery medicines used in aquaculture are composed by human medicines and animal medicines without pertinence, and the residuals of many fishery medicines are very serious, which will seriously threaten the aquatic biological environment and human health in a long time. For the sustainable development of aquaculture and human healthy, it is urgent to study low-poison and strong pertinence fishery medicines without residuals and pollution, especially the development of fishery vaccine and Chinese herbal medicines should be the emphasis of further work. Fishery vaccine and Chinese herbal preparation will not negatively impact the aquatic animals, they are real “green fishery medicines”. Study the using and effect fishery vaccine and Chinese herbal medicines is one direction of reasonable use of medicines.

#### 4. Green fishery medicines

The so-called “green fishery medicines” means safe and harmless fishery medicines which is the high-technology product combining with agriculture science, environment protection science, nutrition science and health science, i.e. These kinds of medicines which utilize natural medicines and beneficial biology swarms, and adopt modern advanced pharmacy technologies to prevent the diseases of aquatic animals such as fish, shrimp, and shellfish and improve the environment of aquatic animals. It will not destroy the ecological balance of aquatic animals and produce residuals of medicines. It has better prevention effects, and it can not only prevent diseases but also protect the ecological environment. It mainly includes fishery vaccine, natural Chinese herbal medicine preparation, animalcule preparation, and biologic fishery medicines.

##### 4.1 Fishery vaccine

The fishery vaccine is the most effective measure to prevent the explosive epidemics of aquaculture. Vaccine can not only prevent bacteria diseases, it is also the unique effective measure to deal with virus diseases. Different with traditional aquatic medicines, vaccine is not kill medicine causes, but strengthen aquatic animals' resistance to some intensive infectious diseases and make them to void these infectious diseases. And most aquatic vaccines need only to be used once in the whole aquatic period.

In 1969, the Pearl River Fisheries Research Institute first developed the aquatic vaccine successfully, which can be extended and used in large area of grass carp (a inactivated vaccine of organization plasm). It can essentially treat harmful explosive epidemic diseases such as broken gill, read skin, enteritis, or bleeding, and enhance the survival rate of grass carp in pond aquaculture to over 85%.

After that, the aquatic scientists of China also developed many aquatic vaccine production technologies including inactivated cell vaccine, weak poison activated vaccine, molecule vaccine, and gene engineer vaccine.

The gene engineer vaccine is the vaccine prepared by abstractubg antigenic determinants on the cytoderm of nosogenetic bacterium with modern biologic technology. It is harmless, and has high immunity protection rate, and strong specificity, and only two gamma needs to be injected for one grouper. And the vaccine can be stored for five years in normal temperature. It is also easily to be produced and transported, and the industrialized production ability has been formed at present.

Comparing with above vaccines, the gene engineering vaccine is more safe and reliable, and it has high purity, low cost and large production scale. Lately, Zhongshan University successfully developed the gene engineering vaccine of soft-shelled turtle hydrosphere monad, and the lab immunity protection rate can achieve 100%, and it has been tested in large area (Li, 2000, P.30-32).

Recently, people also successfully developed DNA vaccine (gene vaccine or nucleic acid vaccine). It means that the eukaryotic expression plasmid DNA with coding antigen gene can be incepted by host cell through directly being inoculated into inoculums, and express corresponding antigens by transcribing and translating, and generate the immunity answer of this antigen by different approaches to stimulate organisms and achieve the effect of immunity. The preparation method of vaccine is simple and fit to produce in large scale, and it has high efficiency and stability with low costs. It can be expressed for a long time in the organism, and continually stimulate the immunity system of the organism, and compose multivalent vaccine which can generate the immunity protection function aiming at multiple antigen expressions (Yin, 2001, P.87-90 & Bai, 2001, P.57-59).

##### 4.2 Chinese herbal medicine preparations

Natural Chinese herbal medicines have many characters such as cheap cost, low poison, little side effect and difficult generation of drug tolerance and some components can not only resist bacterium, but immunize virus, and this kind of medicines can improve the immunity status of the organism, and enhance the anti-bacteria ability. The advantages of Chinese herbal medicines to prevent fishery diseases include abundant medicine sources, cheap costs, extensive function, treating both principal and secondary aspect of disease, safety and low poison, and difficult generation of drug tolerance, and can also obviously enhance the production performance of fish, and increase the economic benefits of

aquaculture (Sha, 2003, P.60 & Li, 2003, P.29-31 & Sun, 2002, P.37-38 & Wang, 2001, P.17-18).

Natural Chinese herbal medicines have wide application foreground. For example, the gallnut and sanguisorba can prevent and treat *Edwardsiella tarda*, the coptis root and phellodendron can prevent and treat the disease of pasteurellosis, the gallnut (dousing) and Chinese tallowtree leaf (mixing) and folium eucalypti (dipping) can prevent the bacterial gill-rot disease, and the garlic, wolf's milk, polygonum hydropiper and creat can prevent and treat the bacillary enteritis. In recent years, the scientists of Pearl River Fisheries Research Institute using Chinese herbal composite preparation to treat the white-soleplate disease of turtle and the red leg disease of white-leg shrimp, the result is very well.

In culture, China is one of the most developed country in the world, and the founder of natural Chinese herbal medicines, and the headstream and village of Chinese herbal medicines. When the natural Chinese herbal medicines extensively begin to rise in the world, China should push the research and application to a new height especially in the aquaculture industry, and use the high technology to change the traditional industry and improve the ecological environment, prove the mechanism of Chinese herbal medicines, and establish the system of R & D and standards to initiate the fishery disease prevention medicines and feed additives and aquatic science and technology with Chinese characteristics.

#### 4.3 Microorganism preparations

To prevent and treat the diseases of aquatic animals by chemical medicines or antibiotics only is temporary measure, and the broad-spectrum antibiotic can kill or restrain sensitive bacterium and keep pathogenic bacterium with drug tolerance, it also can destroy or disturb the ecological balance of the original normal animalcule region of waters, and increase the opportunity that aquatic animals infect pathogens. The residual of antibiotic in the organism will finally harm human, and the ecological prevent and treatment is a good measure to solve problems, so the research and development of animalcule preparation begin to occur. In the ecology, it mainly study the function and characters of animalcule swarm, optimize the ecological structure of aquaculture water area, and develop the aquaculture production in good circulation, and obtain larger economic, ecological and social benefits (Gui, 2001, P.86-87 & Liu, 2002, P.17-18 & Yang, 2000, P.23-24 & Gong, 2003, P.83-84). Following animalcules have been developed at present.

(1) Photosynthetic bacterium. It is the animalcule to reproduce by light as the energy. And its mycelium contains abundant proteins, various vitamins, biotins, carotenoids, coenzyme Q and other living activated materials. In addition, it has special physiological function, i.e. it can absorb the ammonia-azote, nitrite, sulfured hydrogen, and organic acid to eliminate the harmful materials in the waters and purify the water, and the pathogenic bacteria will not survival any more.

(2) Nitrobacteria. It belongs to self-nutritional bacterium, and includes two different metabolic swarms, i.e. nitrosomonas and nitrobacter. Both of them are aerobic bacteria which can grow in oxygenic waters, and play important function to purify waters. One important function of nitrobacteria is to oxidate poisonous ammonia to innocuous nitric acid for the growth of aquatic animals.

(3) Mixed bacterium (composite animalcule). Mixed bacterium is not the name of a kind of bacterium, but the name of a kind of animalcule preparation because this preparation is composed by multiple beneficial activated animalcules which can decompose organisms and purify waters, and the method which adopts single animalcule (such as photosynthetic bacterium and nitrobacteria) to control and purify waters has certain limitation, so multiple animalcules bacterial strains existing in natural environment are selected and cultivated to form the mixed bacterium preparation in the world (Li, 1999, P.34-35).

#### 4.4 Biologic fishery medicines

The biologic pharmacy is the process that applies the biologic engineering technology into the domain of pharmacy, and the main method is the gene engineering, i.e. utilizing the monoclonal antibody organization cultivation technology to cut, insert, connect, and rebuild DNA for acquiring medical biologic products. The biological product takes animalcule, vermin, animal toxin, and biologic organization as the starting materials, adopts the biologic technique or the separation purification technology to prepare, and use the biology technology and the analysis technology to control the middle production and the product quality to make biologic activities including bacterin, vaccine, toxin, toxoid, blood serum, blood products, immunity preparation, cell gene, antigen, monoclonal antibody and gene engineering product, DNA rebuilt products, and IVD. At present, biological products include gene engineering medicine, biologic vaccine, and biologic diagnosis reagent.

The fishery medicine manufactured in the biologic pharmacy process is biologic fishery medicine. At present, the biologic medicines have been widely applied in many diseases such as cancer, aids, coronary heart disease, multiple sclerosis, anemia, hypogenesis, diabetes, heart failure, haemophilia, cystic fibrosis and some infrequent genetic diseases. And the application of alumen, polypeptide, enzyme, hormone, vaccine, cell growth factor, and monoclonal antibody manufactured by the recombinant DNA technology in the aquaculture have shown good foreground (Yang, 1999, P.44-45).

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