

Effects of Visible Light Wavelengths on Seed Germinability in *Stevia Rebaudiana* Bertoni

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Abstract

Stevia rebaudiana Bertoni is one of 154 members of the genus *Stevia* and it produces sweet steviol glycosides .It originated from Paraguay. The leaves were used as general sweetening agent. Seed germination in *Stevia* is generally very low and constituted major obstacle to large scale production of the crop. Different wavelengths from visible light were tested on germination of *Stevia* seeds. The two lights used were (i) white light - 400 to 700nm, and (ii) red light - 660nm. Parameters evaluated include (i) Mean time germination, (ii) mean daily germination, (iii) germination rate, (iv) daily germination speed and (v) germination value. Multivariate tests at probability level <.05 revealed that daily germination speed and number of germinated seeds were significantly higher at (< .001) and (< .014) respectively with the effect of red light on seed germination. Red light (660nm) had better influence on germination in *Stevia* seeds than white light (400-700nm) and control experiment.

Keywords: *Stevia*, steviol glycosides, Seed germination, Visible light wavelengths, Malaysia

1. Introduction

Stevia rebaudiana Bert. is a member of the genus *Stevia* and one of only two that produce sweet steviol glycosides (Soejarto et al., 1982, 1983). It is native to subtropical and tropical South America and Central America (Robert, 2010). *Stevia* was first brought to the attention of Europeans in 1887 when M.S. Bertoni learned of its unique properties from the Paraguayan Indians and Mestizos (Lewis, 1992). Various reports cited by Lewis (1992) indicated that it was long known to the Guarani Indians of the Paraguayan highlands who called it sweet herb. The leaves were used either to sweeten tea or as a general sweetening agent.

Since the 1970s, *Stevia* extracts have been widely used in many countries as a sugar substitute. It was reported that in Japan *Stevia* extracts account for about 5.6% of the sweetener market (Strauss 1995). It is considered as a good substitute of sugar. Diabetic patients can take herbal powder of *Stevia* available in market as it lowers down the sugar level, giving the sweet taste of sugar. It is a non-caloric sweetener, the sweet compounds pass through the digestive process of the body without chemically breaking down, thus making *Stevia* a safe substance for consumption for people who need to reduce the sugar content of their Blood (Strauss, 1995). From most of the previous work, *Stevia* has been reported to have no adverse effect on humans (Brandle and Rosa, 1992). The leaves could be eaten fresh or when dried and it could be boiled in tea to release the sweetener. It has been used for centuries by the Guarani Indians of Paraguay, where the plant originated from, as sweeteners for mate tea (Goettemoeller and Ching, 1999).

Propagation in this crop is usually through stem cuttings and not by seeds; this is simply because growing *Stevia* from seeds normally has a very low germination success; sometimes only 10%. (Sakaguchi and Kan, 1982). The poor seed germination problem in this crop posed a lot of obstacles towards large scale establishment of the crop and thereby making the available plant materials costly. With the rise in percentage of diabetic human population across the World, Malaysians inclusive, the dare need to seek for a brake through that would allow *Stevia* propagation by seed becomes inevitable. (Goettemoeller and Ching, 1999).

Light is known to play important roles in plant development as it is a necessary condition for photosynthesis to occur. Organic products of photosynthesis are utilized to feed the plants, assist in cellular activities and also to support the plant's structure.

Effects of light, as an important factor that can influence seed germination and seedling growth of some plants have been earlier reported by researchers. Light could influence some seeds to germinate, while in some seeds presence of light could also cause inhibition. Anchalee (2011) stated in the report of his findings that different light treatments could lead to various effects on different seed germination parameter of *Nepenthes mirabilis*.

Different types of visible light such as white (400-700), green (510 nm), yellow (570 nm), red (660 nm) and blue (475 nm) have been used to stimulate germination in seeds, previous work carried out in this aspect with seed germination experiment on *Nepenthes mirabilis* (Anchalee, 2011) showed that though white and red light influenced germination in seeds, the effect due to red light was unparalleled.

The aim of this research therefore is to study the effects of some visible light wavelengths on seed germinability *Stevia rebaudiana*.

2. Materials and method

Wavelengths from visible spectrum were utilized to germinate *Stevia* seeds in this experiment. The two lights used were (i) white light, a mixture of the colours of the visible spectrum with wavelengths ranging from 400 to 700 nm, and (ii) red light with a wavelength 660 nm.

The experimental set up was such that a metal construction was designed in the kulliyah of science, International Islamic University, Malaysia. The construct was of two chambers namely chamber A and chamber B. Chamber A comprised of two full lengths of white fluorescent tube, while chamber B comprised of two full lengths of red fluorescent tubes.

The construct was made to rest on a laboratory bench. The fluorescent tubes were fixed at the roofs of the metal construct and then connected to source of electricity for power supply.

Randomized complete block design was employed in the experimental design. 200 black seeds of *Stevia* were collected for the light treatment. Two large pieces of white paper towels were utilized, each was cut into four pieces and 25 seeds of *Stevia* were transferred into fold of each towel. The paper towels were slightly wet with water to keep them moist and four pieces were transferred into each of the two light chambers A and B. In each chamber therefore there were four replicates of 25 seeds making up hundred per chamber.

In order to keep the paper towels in moist state in order to avert quick desiccation each was inserted in flat colourless plastic. Distance between the seeds on chamber platform and the fluorescent tube (source of light) was kept at 16.3cm. After the experiments were set up, the light was switched on at the same time in each chamber and the room temperature was set at 24°C, while the experiments were on (Goettemoeller and Ching, 1999).

Similarly as a control experimental set up (without light) hundred seeds were also collected and made into four replicates, seeds were sown in peat moss in planting trays on the same day and also kept under same temperature as above.

Seeds were observed for germination in all set ups every other day for a period of two and half weeks. Seeds were considered to have germinated if the cotyledons or radicles appeared from the seed coat (Datta et al, 2009).

Germinated seeds during observation were transferred into different planting trays and kept under moist condition for about five days before finally being transplanted into polythene bags on the field.

The parameters evaluated in this work include (i) mean time germination (MTG) = $\sum (nidi) / \sum ni$, where di= days taken after sowing, ni=number of germinated seeds in di, and $\sum ni$ =total number of germinated seeds during seven days.; (ii) mean daily germination (MDG) =Final germination percentage / number of days to final germination (Rubio-Casal et al., 2003) cited by (Datta et al, 2009) in Journal of Applied Sciences & Environmental Management ; (iii) germination rate (GR) = $(n1t1)+(n2t2) + \dots + (nxtx) / Xn$ where n1 is the number of germinant at the first day of germination, t1 is the days from start to first germination, and Xn is the total number of seeds germinated (Rubio-Casal et al.,2003) also cited by (Datta et al, 2009) in same journal as

above; (iv) daily germination speed (DGS) (Forestry Department, 2011) = cumulative percentage germination / the number of days since sowing (v) germination value (GV)= $(\sum \text{DGS}/N) \times GP/10$ (Forestry Department, 2011), where DGS= daily germination speed= number of daily counts of germinated seeds from the date of first germination, and GP= germination percentage at the end of whole experiment, and (vi) final germination percentage (FGP)= number of germinated seeds/total number of sown seeds x 100%.

Data collected from experiment were subjected to statistical analysis using multivariate tests at probability level <.05. Histograms and line graphs were also plotted in order to statistically support the data collected (figures 1a and b) and pictures of some of the experimental set ups were also taken (figures 2a to 5b).

3. Results and discussions

The obtained results are presented in tables1 and 2. While table 1 showed the effects of red & white lights on period of germination and number of germinated seeds along with the control set up, table 2 showed data on evaluated seed germination parameters.

Statistical analysis using the multivariate tests at probability level <.05 revealed that daily germination speed (DGS) was significantly higher (< .001) with effect of red light on seed germination than with the effect of white light and control set up. The number of germinated seeds was also significantly high (< .014) with the red light effect over the white light and the control experiment.

Histograms and line graphs illustrate the pictorial view of the analyzed data as shown in the figures 1a and b, while plates representing pictures of the seeds, chamber settings and growing *Stevia* plants were placed in figures 2a to 5b.

From the obtained results (table1) *Stevia* seeds treated with wavelength 660 nm (red light) germinated earlier than the seeds treated with wavelength range 400-700 nm (white light) and the control experiment. On the 3rd to 4th day of observation only seeds with red light treatment had three germinated seeds, while there was none with seeds treated with white light and control experiment. The germination rate (GR) was 5.00 with red light influence as against 6.45 with white light, and 12.00 without light, Seeds, just as in vegetative parts of plants, could have varying responses to different light in respect of germination, David and Chawan (1970), and Shyam and David (1975) earlier reported that the region of red light spectrum (590 and 680 μm) was most effective in influencing germination in seeds.

Between the 5th and 6th day again there were 17germinated seeds with red light treatment, while only two seeds germinated under the white light treatment and non for the control, meaning therefore that between the first six days of different wavelength treatments, the red light influenced 20% seed germination, as compared to 2% seed germination with white light and 0% for the control. The efficacy observed in red light over white light in respect of percentage germination was similarly reported in past research work where red light was used to promote germination in seeds of *Asteracantha longifolia* (David and Chawan, 1970) and *Cucumis callosus* (Bansal and David, 1978).

However seeds under white light treatment produced 25 germinated seeds between the 7th and the 8th day of treatment, while between same days, the red light treated seeds had seven germinated seeds and no seed germination was recorded under the control experiment still. On the 9th and the 10th day no seed was recorded to germinate with either of the two treatments along with the control set up, but another 12 seeds germinated between 11th and 13th day among seeds treated with red light, there was no germination between these days with white light treated seeds while 10 seeds were recorded to germinate under the control set up. Between the 17th and the 19thday, two seeds germinated with red light treatment while four seeds each germinated with white light treatment and control experiment. Final percentage germination (FGP) after 19 days of observation on *Stevia* seeds revealed that the red light with wavelength 660 nm had the highest percentage on *Stevia* seed germination (41%) as against the white light with wavelength range 400-700 nm (31%) and the control experiment (14%).The statistical analysis using the multivariate tests at probability level <.05 also showed that number of germinated seeds was significantly higher (< .014) with the red light effect over the white light and the control experiment, the result supported findings made by Steel and Torrie (2010) where they recorded highest percentage germination of some *Merremia* sp. with red light treatment. The observed delay (almost two weeks) and low seed germination in the control experiment as compared to the performances in light treated seeds give an insight that *Stevia* seeds may be in the category of light-requiring seeds, where seeds could better or only germinate if exposed to light, Goettmoeller and Ching (1999) earlier reported that light has influence on germination in *Stevia* seeds. It had also been reported earlier that all light-requiring seeds exhibit dormancy, (Lincoln and Eduardo, 2010) and further, Anchalee, (2011) reported light is an important factor responsible for both seed germination and seedling growth.

Light generally is a necessary condition for plants to photosynthesize and produce food in form of carbohydrate which is utilized for plant's growth and structural development. The knowledge about the effect on light on plant's development therefore is not new, rather little is known about the effect of light on seed germinability.

In the recent times some research studies are being carried out on types of light, intensities of light and their different effects on seed germination. Some of the results of previous works revealed that different wavelength of lights can actually influence seed germination either positively or negatively.

In this present work, the research was actually carried out in order find a better approach to germination in *Stevia* seeds. *Stevia* is often not being propagated by seeds because of poor level of germination over the years; rather stem cutting had been selected as a means of propagation in the crop. The obtained result in this experiment for the control set up which showed 14% germination is a clear vindication of previous work on poor *Stevia* seed germination. Sakaguchi and Kan, (1982) earlier reported that growing *Stevia* from seed normally has a very low germination success; sometimes only 10%.

However, the treatments of these seeds with red (660 nm) and white (400-700 nm) lights showed improvement on the seed germination character of the plant. Considering the studied parameters on seed germination employed in this work the two lights had better influence on *Stevia* seed germination than without light condition (the control experiment), while the influence of the red light was higher still than the white light on *Stevia* seed germination.

From the results obtained, the mean time germination (MTG), which was calculated during a period of seven days, showed that the red light treatment had 5.13 while the white light had 6.88 values. This indicated that the red light influenced seeds of *Stevia* germinated faster in lesser time than in the seeds with white light influence. Since there was no germination recorded for the control experiment within this period the mean time germination was zero. Furthermore when the mean daily germination (MDG) was calculated the red light had 2.28 values as against 1.72 values recorded for white light and 0.83 recorded for the control experiment. This yet proved that more seeds germinated on daily basis with red light influence than with the white light and thus the control. Statistical analysis using the multivariate tests at probability level $<.05$ revealed that daily germination speed (DGS) was significantly higher ($< .001$) with effect of red light on seed germination than with the effect of white light and control set up. With the germination values (GV) (Combination of both germination speed and total germination [Hossain *et al*, 2005]) also, seeds influenced with red light irradiation had the highest values (1.87) than seeds with white light (1.33) and seeds without light (0.15) influences. These results conform to previous findings that seed germinations are influenced differently under different light (Colbach, 2002), and that red light spectrum (590 and 680 nm) was most effective in influencing seed germination David and Chawan (1970), and Shyam and David (1975).

Histograms with superimposed line graphs in figures 1a and b are expressions on period of germination in respect of number of germinated seeds with red and white lights treatment respectively. Figure 1a revealed an evenly distributed curve in period of germination with red light treatment meaning therefore that (i) seeds germinated between 3.0 to 12.5 and above days; (ii) there were seed germination from day 3 to day 8.5, between day 9 and day 10.5 there was no seed germination, and last seed germination occurred from day 11 to 12.5 and above, and (iii) number of germinated seeds increases steadily from day 3(3seeds) and attained peak from day 6 to day 7.5 (24 seeds) before it started to decline from day 8.5 (0.0 seed) to day 11. However more seeds germinated from day 11.5 to day 12.5 (12 seeds) and above.

Figure 1b showed that the graph skewed to the left, this an indication that – (i) there was an irregularity in seed germination across the period of observation (ii) number of germinated seeds was at peak between day 7.5 to day 8.5 (25 seeds), and (iii) day 0.0 to 5.0 and day 15 to 20 witnessed low seed germination with two and four seeds respectively, while there was no seed germination between the 11th and 14th day.

4. Conclusion

Light has influence on seed germination. The germination potential in *Stevia* seeds was enhanced with the effects of both red and white lights much more than the control (without light) experiment. Red light (660 nm) had better influence on germination in *Stevia* seeds than white light (400-700 nm). *Stevia* seeds require light for germination.

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Table 1. Showing the effects of red & white lights on period of germination and number of germinated seeds along with the Control set up

S/N	P SG (days)	Number of Germinated Seeds with Different Treatments.			CPG		
		red light (660nm)	white light (400-700nm)	planting tray with peat moss (control)	red light	white light	Planting tray with peat moss (control)
1.	3<5	03	-	-	03	0	0
2.	5<7	17	02	-	20	02	0
3.	7<9	07	25	-	27	27	0
4.	11<13	12	-	10	39	27	10
5.	17<19	02	04	04	41	31	14

Key: PSG- period of seed germination; CGP- cumulative germination percentage

Table 2. Showing data on evaluated seed germination parameters in *Stevia rebaudiana*

S/N	GERMINATION TREATMENTS ON SEEDS.	MTG	MDG	GR	DGS	GV	FGP (%)
1.	Red Light treatment.	5.13	2.28	5.00	8.23	1.87	41
2.	White Light treatment.	6.88	1.72	6.45	7.75	1.33	31
3.	Control. (Planting tray with peat moss)	0.00	0.83	12.00	1.77	0.15	14

Key: MTG-mean time germination; MDG-mean daily germination; GR-germination rate; DGS-daily germination speed; GV- germination value, and FGP-final germination percentage

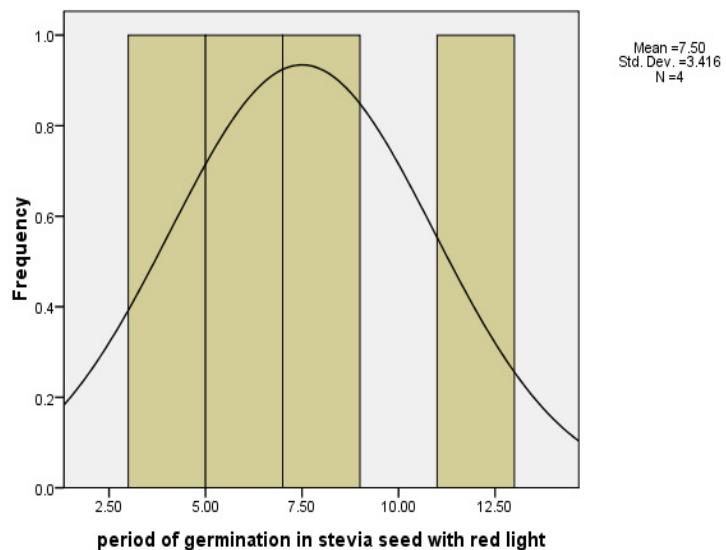
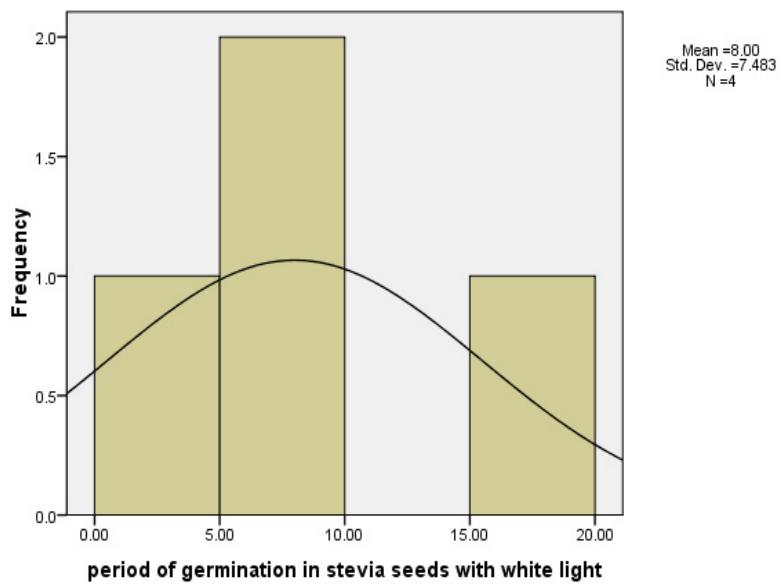
Period of germination in stevia seeds with red lightFigure 1a. Showing period of germination in *stevia* seeds treated with red light**Period of germination in stevia seeds with white light**Figure 1b. Showing period of germination in *stevia* seeds treated with white light



Figure 2a



Figure 2b

Figure 2a. Showing collected *Stevia* seeds in polystyrene; while figure 2b. Showing spread of *Stevia* seeds on paper towel

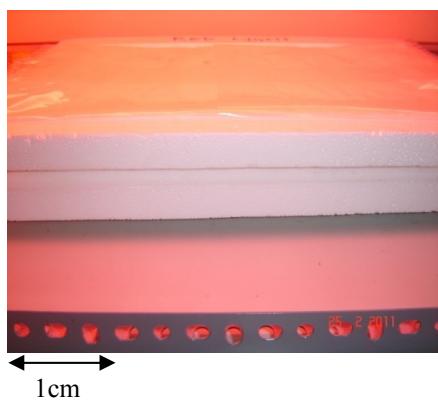


Figure 3a

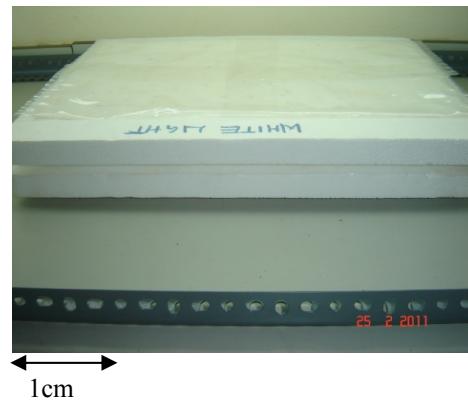


Figure 3b

Figure 3a. Showing red light (660 nm) chamber containing seeds of *Stevia* in paper towel; while figure 3b. Showing white light (400-700 nm) chamber also containing seeds of *Stevia* in paper towel

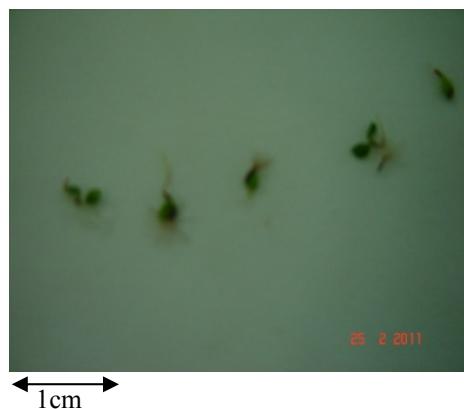


Figure 4a



Figure 4b

Figure 4a. Showing some germinated seeds from light chambers; while figure 4b. Showing planting tray filled with peat moss containing germinated seeds



Figure 5a

Figure 5a & 5b. Showing growing seedling of *Stevia* plants in polythene bags placed on the field